## SUPERVISEE LEVELS QUESTIONNAIRE—REVISED

Answer the items that follow	in terms of	of your	own current	behavior.	In responding	, to
these items, use the following	scale:					

				Half		Most of		
	Never	Rarely	Sometimes	the Time	Often	the Time	Always	
	1	2	3	4	5	6	7	
1.	. I feel genuinely relaxed and comfortable in my counseling/therapy sessions.							
	1	2	3	4	5	6	7	
2.	I am able	e to critiq	ue counseling	tapes and gai	in insight	s with minim	um help from	m
	my supe	_	Ü		ŭ		•	
	1	2	3	4	5	6	7	
3.	I am able	e to be spe	ontaneous in c	ounseling/the	erapy, yet	my behavior	is relevant.	
	1	2	3	4	5	6	7	
4.	I lack se	lf-confide	nce in establis	hing counsel	ing relati	onships with	diverse	
	client typ	pes.			-	_		
	1	2	3	4	5	6	7	
5.	I am able	e to apply	a consistent p	ersonalized r	ationale (	of human bel	iavior in wor	k-
	ing with	my client	ts.					
	1	2	3	4	5	6	7	
6.			ised when thing		ccording	to plan and l	ack confiden	ıce
	in the ab	ility to ha	indle the unexp	ected.				
	1	2	3	4	5	6	7	
7.			y of my work f	luctuates; or	i some da	ys I do well,	on other day	/s I
	do poorl	у.						
	1	2	3	4	5	6	7	
8.	I depend	on my su	pervision consi	derably in fig	guring ou	t how to deal	with my clie	nts.
_	1	2	3	. 4	5	6	7	
9.	I feel con	mfortable	confronting m	y clients.	_	_	_	
	l	2	. 3	4	. 5	6	7	
10.	0. Much of the time in counseling/therapy I find myself thinking about my next response instead of fitting my intervention into the overall picture.							
	sponse 11	nstead of 1	fitting my inter	vention into	the overa	ill picture.	-	
	1		3	4	3	6	/	
II.	My mon	vation ilu	ctuates from d	ay to day.	_	,	7	
10	A t times	Z Tuviah m		4 	5	0 1:	/ ion to lo	اد ـ
12.		, i wish ii	ny supervisor c	ould be in th	e counse	iing/inerapy	session to lei	10
	a hand.	2	2	4	~	6	7	
12	During a	.ounceline	J Utharany sassio	no I find it.	J difficult t	O o oonaantaata	, because of	<b></b>
15.	_	_	therapy session		ulllicult t	o concentrate	because of	шу
	1	about my	own performa	nce. 1	5	6	7	
1.4	A lthough	b of times	I really want a	4 dvice/feedb	5	6 m	/ on at ather ti-	mac
14.			things my ow		ack Hom	my superviso	n, at other th	HICS
	1 Ically V	יים ווני עט יי	unngs my ow	II way. ⊿	5	6	7	
15	Sometim	ec the cli	ent's situation	reeme so ho	-	-	•	^
1).	1	) 2	Z	/\ \/ \(\lambda \)	poiess. I j 5	ust uon t kno 6	w what to ut	J.
16	It is impo	ے Ortant the	t my superviso	⊤ rallow me t	n make m	-	,	
	1	) )	3	4	5 make n	6	7	
	-	-	5	7	J	J	,	

1/. Give	n my current	state of pro	fessional d	I		
consi	ultation from	my sunervi	on and a	evelopmeni	t, I believe I k	cnow when I need
1	7	2				
18. Some	etimes I quest		4	5	6	~
1	dines i questi	ion how sui	ited I am to	be a couns	elor/therenia	7
10 n	. 2	3	4	5	cion ulcrapis	l.
19. Kegai	ding counseli	ing/therapy.	I view my	Supami	6	7
I	ding counseli	3 13	- 110W IIIy	supervisor	as a teacher/	mentor.
20. Some	times I feel th	at councel:	4 	. 5	6	7
learn i	t all.	at counself	ilg/inerapy	is so comp	lex that I neve	7 er will be able to
1	2					or will be able to
21. I helie	Vo I les	3	4	5	6	-
I bene	ve i know my	strengths a	and weakne	sses as a co	Olimoolos - ce	7
anders	tand my profe	essional por	tential and	limitations	outisetor solly	7 ciently well to
1	')	2				
22. Regard	ling my couns	eling/thera	nv Ivien.	3	6	7
1	2	3	py, i view i	ny supervis	sor as a peer/o	Colleague
23. I think	I know mysel	)f11 1	4	5	6	7
1	2 ALLOW HIYSE	it well and	am able to	integrate th	at into my th	7 erapeutic style.
24 I find I	4	3	4	5	ωι πιο πιχ ΠΙ	crapeutic style.
- i. Tiniu j	am able to un ely evaluate a	iderstand m	y clients' v	iew of the	U Dront I	. 7
objectiv	ely evaluate a	alternatives.		TOW OF THE	world, yet he	lp them to
	?	_				
25. At my c	urrent level of	f profession	ng danut.	5	6	7 ny abilities is
such tha	t my desire to	00.0000000	iai develobi	nent, my co	onfidence in r	ny abilities is om day to day.
1	2	do counse.	ling/therapy	doesn't ch	ange much fi	om don to 12
26. I find I a	m oblo	3	4	5	6	oni day to day.
focus on	in able to em	pathize wit	h my client	s feeling er	ateo has seas	, /
26. I find I a focus on	problem reso	lution.	•	ing st	ares, but still	help them
27.7	2	3	4	5	_	
27. I am able knowledg	to adequately	V assess my	/ internoses	J	6	7
knowledg	ge therapeutic	ally	merperso	nai impact	on clients an	d use that
1	2	2				
28. I am adec			4	5	6	7
28. I am adeq therapeuti	ically appe ((	assess the	client's int	erpersonal	impact on me	ا د اسمی
1	cany.			•	Puct On Mc	and use that
20 Thatian	2	3	4	5	_	
29. I believe I my role as	exhibit a con	sistent proj	fessional of	vinasiuis.		7
my role as	a counselor	without un	tue onemin	Jecuvity ar	nd ability to v	vork within
I	7	2		CHICLES M	AUL INV CITENT	e e
30. I believe I	exhibit a one			J	6	7
my role as	a counselor v	sistent prof	essional ob	jectivity an	d ability to u	toele mist.
1	a counselor (	without exc	essive dista	nce from n	v cliente	OIK WITHIN
	2	3	4	5	enems.	
Scoring key:	Self and Oth	on A	_		6	7
<b>V</b>	Self and Oth	er Awarene	ess Items:			
	1, 5, 5, 9,	10*, 13*, 2	4, 26, 27, 2	28, 29, 30		
	Motivation I	tems: 7, 11:	* 15* 10*	20# 24 -		
	Dependence	4 .	, 15', 16* -	, 20*, 21, 2	3, 25	
	Dependency- *Indicates rev	Autonomy I	tems: 2, 4*	, 6*, 8, 12*	. 14 16 17	10* 00
		TAUC SCUIIII	Y. 11) CCOPA	012ma 4L - 1	, - 1, 10, 17,	19", 22
	*Indicates rev divide by the	number of	iteme	, sum me it	ems in the sc	ale and then
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