



## HIV Prevention Learning Collaborative

Session Two: February 26<sup>th</sup>, 2024

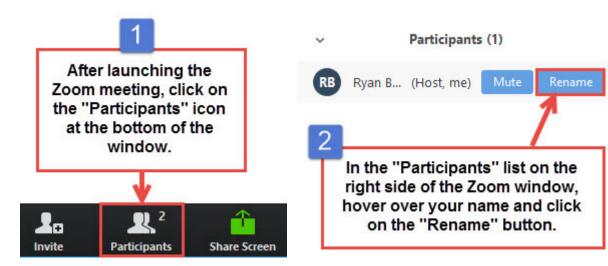


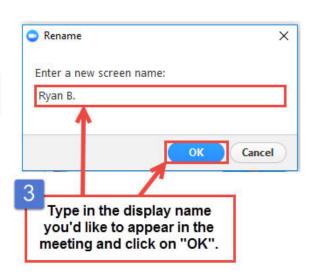




## Get the Most Out of Your Zoom Experience

- Please keep yourself on MUTE to avoid background/distracting sounds
- Use the CHAT function or UNMUTE to ask questions or make comments
- Please change your participant name to your full name and organization
  - "Meaghan Angers CHCI"









## Session 2 Agenda

| 1:00 - 1:05 | Welcome                     |
|-------------|-----------------------------|
| 1:05 – 1:40 | Overview of Screening Tools |
| 1:40 - 2:05 | SOGI Data Collection        |
| 2:05 – 2:25 | Sexual Risk Assessment      |
| 2:25 – 2:30 | Q & A and Next Steps        |





## **Learning Collaborative Structure**

- Six 90-minute Learning Collaborative video conference sessions
- Bi-weekly calls between coach mentors and practice coach
- Internal team workgroup meetings
- Use the Weitzman Education Platform to access resources and receive CME credit

| Learning           | <b>Session Dates</b>             |
|--------------------|----------------------------------|
|                    |                                  |
| Learning Session 1 | Monday January 29 <sup>th</sup>  |
|                    |                                  |
| Learning Session 2 | Monday February 26 <sup>th</sup> |
|                    |                                  |
| Learning Session 3 | Monday March 25 <sup>th</sup>    |
|                    |                                  |
| Learning Session 4 | Monday April 22 <sup>nd</sup>    |
|                    | , i                              |
| Learning Session 5 | Monday May 20 <sup>th</sup>      |
|                    |                                  |
| Learning Session 6 | Monday June 10 <sup>th</sup>     |





## NTTAP Faculty, Collaborative Design, and Facilitation

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## **Evaluation Faculty**

Kathleen Thies, PhD, RN

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The Center for Key Populations is the first center of its kind that focuses on key groups who experience health disparities secondary to stigma and discrimination and who belong to communities that have suffered many barriers to healthcare.

The Center brings together healthcare, training, research, and advocacy for:

People who use drugs, the LGB and Transgender populations,

the homeless and those experiencing housing instability,

the recently incarcerated, and sex workers.





**HIV Primary Care** 

Viral Hepatitis Screening and Treatment Substance Use Health

Health Care for the Homeless

LGB Health and Gender Affirming Care Migrant Farmer Health Program

HIV Prevention: Testing, PrEP, and PEP Sexually Transmitted Infections





## 2024 Cohort

| Affinia Healthcare                              | St. Louis, Missouri    |
|---|------------------------|
| Asian American Health Coalition dba HOPE Clinic | Houston, Texas         |
| East Central Oklahoma Family Health Center      | Wetumka, Oklahoma      |
| FirstMed Health and Wellness                    | Las Vegas, Nevada      |
| Hi-Desert Memorial Health Care District         | California             |
| International Community Health Services         | Seattle, Washington    |
| Jane Pauley Community Health Center             | Indianapolis, Indiana  |
| North County Health Project, Inc. DBA TrueCare  | San Marcos, Califonia  |
| Promise Healthcare                              | Champaign, Illinois    |
| The HealthCare Connection, Inc.                 | Cincinnati, Ohio       |
| WellSpace Health                                | Sacramento, California |



# Hi-Desert Memorial Health Care District / Morongo Basin Healthcare District

FQHC since 2013 with multiple locations serving rural California desert communities offering adult and pediatric medical, chiropractic, phlebotomy, dental, behavioral health, and transportation services





Our HIV Prevention Team (pictured):

- Malcolm Bryant, CHW
- Gladys Cardenas, CHW
- Dianna Anderson, Community Programs Manager
- Kathy Alkire, Community Outreach/Patient Education RN Additional Team Members:
- Joe Ruddon, Chief Community Program Officer
- Tina Huff, NP, Chief Clinical Operations Officer
- Dr. Jack Cruikshank, HIV Prevention Physician Champion

# Hi-Desert Memorial Health Care District / Morongo Basin Healthcare District

## HIV Presentations and Education:

- Community organizations, fairs, and events
- Colleges, Gyms, and Senior Centers
- Shopping and Pregnancy Centers
- Tattoo Parlors and Smoke Shops

## Team Distribution:

- Over 4,000 male and female condoms, lube
- Over 800 rapid, at-home HIV test kits





## Program Goals:

- Improve HIV/ STI assessments to determine risk and ensure testing and screening through EHR
- Increase Provider/Staff knowledge of HIV prevention/care/treatment and patient compliance/adherence strategies
- Develop best practices utilizing latest research and developments for clinical practices
- Develop best practice strategies for outreach to increase population knowledge
- Increase HIV screening compliance to 80%
- Improve PrEP awareness to 60%

Distributing Red Ribbons and HIV test kits on World AIDS Day





## Overview of Screening Tools





## HIV Prevention: Taking a History

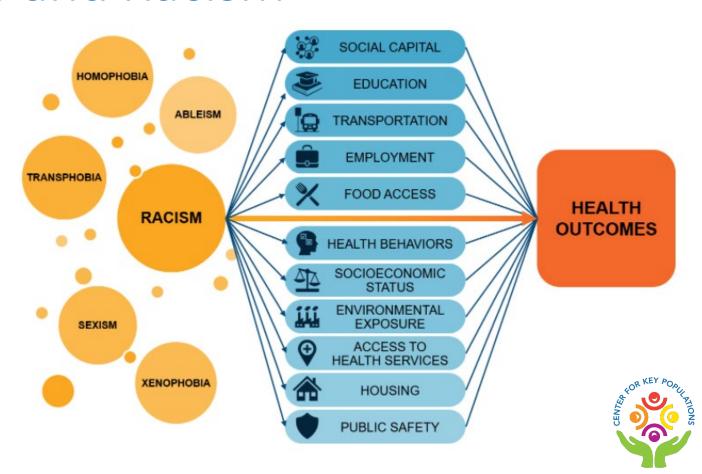
- 2 Main Questions:
  - What information do we need to deliver optimal care
  - How do we collect the information
- Same as for all patients.
- Pay specific attention to health disparities.
- Be aware of contexts that increase health risks:
  - Risk factors for smoking, substance use, or engaging in sexual risk behaviors
  - Incidence of trauma/abuse/victimization
- Ask about social support; be aware of possible rejection by family or community of origin, harassment, and discrimination.
- Other social determinants of health (SDOH)





## Race and Racism

- Implicit and Explicit bias both in the community and within the healthcare system
- Longstanding history of mistrust, experimentation, unequal care
- Lack of representation in healthcare





## **Screening Tools**

- Which ones do you want to use?
  - Which ones are being used already?
  - Which ones do you want to or can you add?
- How will they be administered?
  - Digitally?
  - On paper?
  - Orally?
- Who will administer them?
  - Patient
  - Medical assistant
  - Nursing
  - Medical provider
  - Behavioral health provider
  - Front desk staff

- What trainings are needed?
  - Discipline specific?
  - How often?
  - Who will give the trainings?
- What are the workflows to be implemented?
- How are you going to respond to positive screenings?





## Routine Screening

- Can occur prior to Medical or Behavioral Health (BH) provider entering the room completed by front desk, MA, or RN
  - -Through portal, check-in kiosks, smart tablets
- Set intervals for conducting screenings and updating information
- Overlap with BH and medical screenings ex. PHQ-2 and PHQ-9





## SDOH Screening: Gathering SDOH Data Before a Visit

- Address (zip code), phone number, email address
- Language(s)
- Insurance Status
- Guardian/Decision-maker
- Permission to share (social support)





## PRAPARE:

The Protocol for Responding to and Assessing Patients' Assets, Risks, and Experiences

SDOH Specific Screening Tool by the National Association of Community Health Centers (NACHC)

#### Core Measures in PRAPARE



PERSONAL CHARACTERISTICS

- Race
- Ethnicity
- Farmworker Status
- · Language Preference
- Veteran Status



FAMILY AND HOME

- · Housing Status and Stability
- Neighborhood



MONEY AND RESOURCES

- Education
- Employment
- · Insurance Status
- Income
- Material Security
- · Transportation Needs



SOCIAL AND EMOTIONAL HEALTH

- · Social Integration and Support
- Stress



OTHER MEASURES

- Incarceration History
- · Refugee Status
- Safety
- Domestic Violence





# PRAPARE In the medical record

#### Social Determinants

#### PRAPARE

What is your current housing situation? I do not have housing (staying with others, in a hotel, in a shelter, living outside on the street, on a beach, or in a park)

Are you worried about losing your housing? Yes

What is the highest level of school that you have finished? Less than a high school degree

What is your current work situation? Unemployed and seeking work

In the past year, have you or any family members you live with been unable to get any of the following when it was really needed? Check all that apply Food, Utilities, Child care

Has lack of transportation kept you from medical appointments, meetings, work or from getting things needed for daily living? Yes, it has kept me from medical appointments or from getting my medications

How often do you see or talk to people that you care about and feel close to? (For example: talking to friends on the phone, visiting friends or family, going to church or club meetings) Less than once a week

How stressed are you? Stress is when someone feels tense, nervous, anxious, or cant sleep at night because their mind is troubled *Very much* 

In the past year have you spent more than 2 nights in a row in a jail, prison, detention center, or juvenile correctional facility? Yes

Are you a refugee? No

What country are you from? United States

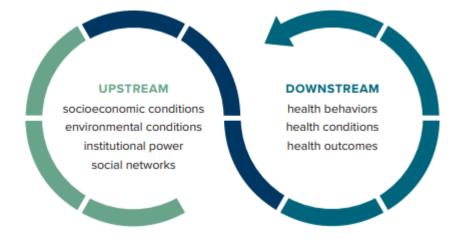
Do you feel physically and emotionally safe where you currently live? Yes

In the past year, have you been afraid of your partner or ex-partner? Yes

PRAPARE Score: 19

Enabling Services Provided? Yes

Please specify Transportation to/from Health Center





# Other SDOH Specific Screening Tools

Accountable Health
Communities (AHC)
Health-Related Social
Needs (HRSN) Screening
Tool Developed by the
Centers for Medicaid and
Medicare Services

#### Box 1 | Accountable Health Communities Core Health-Related Social Needs Screening Questions

Underlined answer options indicate positive responses for the associated health-related social need. A value greater than 10 when the numerical values for answers to questions 7-10 are summed indicates a positive screen for interpersonal safety.

#### **Housing Instability**

- What is your housing situation today?
- I do not have housing (I am staying with others, in a hotel, in a shelter, living outside on the street, on a beach, in a car, abandoned building, bus or train station, or in a park)
- Lhave housing today, but I am worried about losing housing in the future
- I have housing
- Think about the place you live. Do you have problems with any of the following? (check all that apply)
- Bug infestation
- Mold
- Lead paint or pipes
- Inadequate heat
- Oven or stove not working
- No or not working smoke detectors
- None of the ab

#### Food Insecurity

- 3. Within the past 12 months, you worried that your food would run out before you got money to buy more.
- Often true
- Sometimes true
- Never true
- 4. Within the past 12 months, the food you bought just didn't last and you didn't have money to get more.
- Often true
- Sometimes trui
- □ Never true

#### Transportation Need

- In the past 12 months, has lack of transportation kept you from medical appointments, meetings, work or from getting things needed for daily living? (Check all that apply)
  - Yes, it has kept me from medical appointments or getting medications
- Yes, it has kept me from non-medical meetings, appointments, work, or getting things that I need
  - No

#### Utility Needs

- In the past 12 months has the electric, gas, oil, or water company threatened to shut off services in your home?
- Yes
- D No.
- Already shut off

#### Interpersonal Safety

- How often does anyone, including family, physically hurt you?
- Never (
- Rarely (2)
- Sometimes (3)
- □ Fairly often (Δ)
- Frequently (5)



- 8. How often does anyone, including family, insult or talk down to you?
- Never (1)
- Rarely (2)
- Sometimes (3) Fairly often (4)
- Frequently (5)
- 9. How often does anyone, including family, threaten you with harm?
- D Never (1)
- D Rarely (2)
- Sometimes (3)
- Eairly often (4)
- Frequently (5)
- 10. How often does anyone, including family, scream or curse at you?
- D Never (1)
- Rarely (2)
- Sometimes (3)
- D Fairly often (4)
  D Frequently (5)
- counce, th

**SOURCE**: The above-noted health-related social need screening items are used with permission from their respective owners.

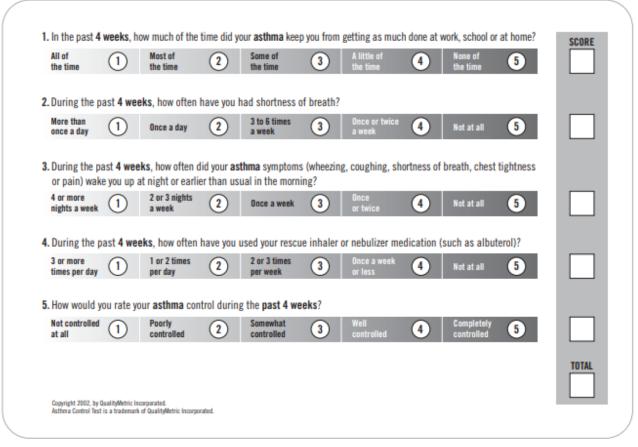




Using Traditional Tools to open up discussion

around SDOH

 Consider discussing housing/environment after the Asthma Control Test (ACT)







## **Key Visits**

- Initial Visits/Establishing Care
  - What brought them to the health center,
     where are they coming from
  - Who do they live with, what does their home look like
  - Family/support
  - Employment, disability
  - "Is there anything else you want to share with me about you or your health"

- Physicals and Well-Child Visits
  - Consistent access to utilities, stable housing, child-care, family structure and support, pets, access to supplementary food/services (WIC, SNAP), neighborhood safety, education at home
  - Don't forget about the parent
- Complaint-based visits
- Every visit





## **Built in EMR Social History Fields**

- Language(s) spoken
- How you like to learn (ie, verbal, written, etc)
- Literacy (ie reads well in English, does not read well in Spanish, etc)
- Smoking
- Substance use (specific screenings)
- Sexual History

- SOGI (eCW now has specific tab)
- Housing/Living With
- Marital Status
- Occupation
- Religious Affiliation
- Domestic Violence
- Support System
- Confidential Contact





## **SBIRT**

Screening, Brief Intervention,

 Utilizes AUDIT (Alcohol Use Disorders) Identification Test) and DAST (Drug Abuse Screening Test) scores to screen for risk for and current use of substances followed by a brief Referral to Treatment intervention and referral to treatment if necessary



Behavioral Health

Substance Use Screening Questionnaire

Do you sometimes drink alcoholic beverages? 1 or more times

How many times in the past year have you used an illegal drug or used a prescription medication for non-medical reasons? 1 or more times

AUDIT SCORE: 6

AUDIT Interpretation: Severe Risk

DAST SCORE: 6

DAST Interpretation: Severe Risk

Follow-up care provided based on results below [select all that apply] Currently enrolled in substance abuse program outside CHC, Given brief intervention by PCP less than 15 minutes





## **AUDIT**

https://www.sbirt.care/pdfs/tools/AUDIT.PDF

I II III IV 0-3 4-9 10-13 14+

Alcohol screening questionnaire (AUDIT)

Drinking alcohol can affect your health and some medications you may take. Please help us provide you with the best medical care by answering the questions below.

| One drink comple:  | l oz.<br>eer | 5 oz.<br>wine        | I                                   | 1.5 oz.<br>liquor<br>(one sh | ot)                          |
|--|--------------|----------------------|-------------------------------------|------------------------------|------------------------------|
| How often do you have a drink containing alcohol?  | Never        | Monthly<br>or less   | 2 - 4<br>times a<br>month           | 2 - 3<br>times a<br>week     | 4 or more<br>times a<br>week |
| How many drinks containing alcohol do you have<br>on a typical day when you are drinking?  | 0-2          | 3 or 4               | 5 or 6                              | 7-9                          | 10 or<br>more                |
| How often do you have five or more drinks on one occasion?   | Never        | Less than<br>monthly | Monthly                             | Weekly                       | Daily or<br>almost<br>daily  |
| 4. How often during the last year have you found<br>that you were not able to stop drinking once you<br>had started?                       | Never        | Less than<br>monthly | Monthly                             | Weekly                       | Daily or<br>almost<br>daily  |
| 5. How often during the last year have you failed to<br>do what was normally expected of you because of<br>drinking?                       | Never        | Less than<br>monthly | Monthly                             | Weekly                       | Daily or<br>almost<br>daily  |
| 6. How often during the last year have you needed a<br>first drink in the morning to get yourself going<br>after a heavy drinking session? | Never        | Less than<br>monthly | Monthly                             | Weekly                       | Daily or<br>almost<br>daily  |
| How often during the last year have you had a feeling of guilt or remorse after drinking?  | Never        | Less than<br>monthly | Monthly                             | Weekly                       | Daily or<br>almost<br>daily  |
| How often during the last year have you been<br>unable to remember what happened the night<br>before because of your drinking?             | Never        | Less than<br>monthly | Monthly                             | Weekly                       | Daily or<br>almost<br>daily  |
| Have you or someone else been injured because of your drinking?  | No           |                      | Yes, but<br>not in the<br>last year |                              | Yes, in the<br>last year     |
| 10. Has a relative, friend, doctor, or other health<br>care worker been concerned about your drinking<br>or suggested you cut down?        | No           |                      | Yes, but<br>not in the<br>last year |                              | Yes, in the<br>last year     |
| Have you ever been in treatment for an alcohol proble  | 0<br>m? ○ Ne | l<br>ver ⊝Cu         | rently (                            | 3<br>In the past             | 4                            |





## **DAST**

https://www.sbirt.care/pdfs/tools/DAST.PDF

#### Drug Screening Questionnaire (DAST)

Using drugs can affect your health and some medications you may take. Please help us provide you with the best medical care by answering the questions below.

| Patient name:  |  |
|----------------|--|
| Date of birth: |  |

| Which recreational drugs have you used in the past year? (Check all that apply)                              |                               |            |             |  |
|--|-------------------------------|------------|-------------|--|
| ☐ methamphetamines (speed, crystal)  |                               |            |             |  |
| ☐ cannabis (marijuana, pot)  |                               |            | etc.)       |  |
| ☐ inhalants (paint thinner, aerosol, glue)   | ☐ hallucinogens (LSD, mushro  | oms)       |             |  |
| ☐ tranquilizers (valium)   | □ other                       |            | _           |  |
| How often have you used these drugs?   | onthly or less   Weekly       | Daily or a | lmost daily |  |
| 1. Have you used drugs other than those requir   | red for medical reasons?      | No         | Yes         |  |
| 2. Do you abuse (use) more than one drug at a  | time?                         | No         | Yes         |  |
| 3. Are you unable to stop using drugs when yo  | ou want to?                   | No         | Yes         |  |
| 4. Have you ever had blackouts or flashbacks   | No                            | Yes        |             |  |
| 5. Do you ever feel bad or guilty about your drug use?   |                               |            | Yes         |  |
| <ol> <li>Does your spouse (or parents) ever complain<br/>drugs?</li> </ol>                                   | n about your involvement with | No         | Yes         |  |
| 7. Have you neglected your family because of   | your use of drugs?            | No         | Yes         |  |
| 8. Have you engaged in illegal activities in ord   | ler to obtain drugs?          | No         | Yes         |  |
| <ol><li>Have you ever experienced withdrawal sym<br/>stopped taking drugs?</li></ol>                         | ptoms (felt sick) when you    | No         | Yes         |  |
| <ol> <li>Have you had medical problems as a result<br/>memory loss, hepatitis, convulsions, bleed</li> </ol> |                               | No         | Yes         |  |
|  |                               | 0          | 1           |  |
| Do you inject drugs? No 🗌 Yes 🗀  |                               |            |             |  |
| Have you ever been in treatment for a drug pro   | oblem? No 🗌 Yes [             |            |             |  |
|  |                               | т п        | ш пл        |  |



# CRAFFT (Adolescents)



#### The CRAFFT+N Interview

To be verbally administered by the clinician

Begin: "I'm going to ask you a few questions that I ask all my patients. Please be honest. I will keep your answers confidential."

#### Part A

#### During the PAST 12 MONTHS, on how many days did you:

- 1. Drink more than a few sips of beer, wine, or any drink containing alcohol? Say "0" if none.

  2. Use any marijuana (cannabis, weed, oil, wax, or hash by smoking, vaping, dabbing, or in edibles) or "synthetic marijuana" (like "K2," "Spice")? Say "0" if none.

  3. Use anything else to get high (like other illegal drugs, pills, prescription or over-the-counter medications, and things that you sniff,
- Use a vaping device\* containing nicotine or flavors, or use any tobacco products†? Say "0" if none.

huff, vape, or inject)? Say "0" if none.

\*Such as e-cigs, mods, pod devices like JUUL, disposable vapes like Puff Bar, vape pens, or e-hookahs. \*Cigarettes, cigars, cigarillos, hookahs, chewing tobacco, snuff, snus, dissolvables, or nicotine pouches.

#### If the patient answered...

("0" for all questions in Part A

Ask 1<sup>st</sup> question only in Part B below, then STOP

("1" or more for Q. 1, 2, or 3

Ask all 6 questions in Part B below

"1" or more for Q. 4

Ask all 10 questions in Part C on next page

# of days

# of days

| Part B |   |    | e one |
|--------|---|----|-------|
| С      | Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs? | No | Yes   |
| R      | Do you ever use alcohol or drugs to <b>RELAX</b> , feel better about yourself, or fit in?                               | No | Yes   |
| Α      | Do you ever use alcohol or drugs while you are by yourself, or ALONE?   | No | Yes   |
| F      | Do you ever FORGET things you did while using alcohol or drugs?   | No | Yes   |
| F      | Do your <b>FAMILY</b> or <b>FRIENDS</b> ever tell you that you should cut down on your drinking or drug use?            | No | Yes   |
| Т      | Have you ever gotten into TROUBLE while you were using alcohol or drugs?  | No | Yes   |

#### Part C

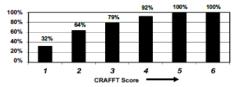
"The following questions ask about your use of any vaping devices containing nicotine and/or flavors, or use of any tobacco products.\*"

|   | Circle | one |
|---|--------|-----|
| 1. Have you ever tried to QUIT using, but couldn't?   | Yes    | No  |
| 2. Do you vape or use tobacco NOW because it is really hard to quit?  | Yes    | No  |
| 3. Have you ever felt like you were ADDICTED to vaping or tobacco?  | Yes    | No  |
| 4. Do you ever have strong CRAVINGS to vape or use tobacco?   | Yes    | No  |
| 5. Have you ever felt like you really NEEDED to vape or use tobacco?  | Yes    | No  |
| 6. Is it hard to keep from vaping or using tobacco in PLACES where you are not<br>supposed to, like school? | Yes    | No  |
| <ol><li>When you HAVEN'T vaped or used tobacco in a while (or when you tried to stop<br/>using)</li></ol>   |        |     |
| a. did you find it hard to CONCENTRATE because you couldn't vape or use<br>tobacco?                         | Yes    | No  |
| b. did you feel more IRRITABLE because you couldn't vape or use tobacco?                                    | Yes    | No  |
| c. did you feel a strong NEED or urge to vape or use tobacco?   | Yes    | No  |
| d. did you feel NERVOUS, restless, or anxious because you couldn't vape or use<br>tobacco?                  | Yes    | No  |
|   |        |     |

One or more YES answers in Part C suggests a serious problem with nicotine that needs further assessment. See Page 3 for further instructions.

#### **CRAFFT Score Interpretation**

Probability of a DSM-5 Substance Use Disorder by CRAFFT score\*





\*Data source: Mitchell SG, Kelly SM, Gryczynski J, Myers CP, O'Grady KE, Kirk AS, & Schwartz RP. (2014). The CRAFFT cut-points and DSM-5 criteria for alcohol and other drugs: a regyalustion and regyamination. Substance Abuse. 35(4): 376–80.



# CRAFFT (Adolescents)

#### CRAFFT

During the PAST 12 MONTHS, did you drink any alcohol (more than a few sips)? (Do not count sips of alcohol taken during family or religious events.) Yes

During the PAST 12 MONTHS, did you smoke any marijuana or hashish? Yes

During the PAST 12 MONTHS, did you use anything else to get high? ("anything else" includes illegal drugs, over-the-counter and prescription drugs, and things that you sniff or "huff") No

Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs? Yes

Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in? No

Do you ever use alcohol or drugs while you are by yourself, or ALONE? No

Do you ever FORGET things you did while using alcohol or drugs? No

Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use? No

Have you ever gotten into TROUBLE while you were using alcohol or drugs? Yes

Did the patient need any additional assistance? Yes

Was a brief intervention done in the office? Yes

Was a referral to the school suggested Yes

Was the referral made? Yes

Was an outside referral to a drug treatment program suggested? Yes





# Intimate Partner Violence Screening

## HITS – Hurt, Insult, Threaten, Scream

| Over the last 12<br>months, how often<br>did your partner: | Never 1 | Rarely<br>2 | Sometimes 3 | Fairly<br>Often<br>4 | Frequently 5 |
|--|---------|-------------|-------------|----------------------|--------------|
| Physically <b>HURT</b>                                     |         |             |             |                      |              |
| you  |         |             |             |                      |              |
| INSULT you or  |         |             |             |                      |              |
| talk down to you   |         |             |             |                      |              |
| THREATEN you   |         |             |             |                      |              |
| with physical harm   |         |             |             |                      |              |
| SCREAM or curse  |         |             |             |                      |              |
| at you   |         |             |             |                      |              |





## Adverse Childhood Events

| 1. Did a parent or other adult in the household often or very often Swear at you, insult you, put you down, or humiliate you? or Act in a way that made you afraid that you might be physically hurt?   |
|---|
| NoIf Yes, enter 1   |
| 2. Did a parent or other adult in the household often or very often Push, grab, slap, or throw something at you? or Ever hit you so hard that you had marks or were injured?  |
| No If Yes, enter 1  |
| 3. Did an adult or person at least 5 years older than you ever Touch or fondle you or have you touch  |
|   |
| their body in a sexual way? or Attempt or actually have oral, anal, or vaginal intercourse with you?  |
| NoIf Yes, enter 1   |
| 4. Did you often or very often feel that No one in your family loved you or thought you were important or special? or Your family didn't look out for each other, feel close to each other, or support each other?  |
| NoIf Yes, enter 1   |
| $5.\ \mathrm{Did}\ \mathrm{you}\ \mathrm{often}\ \mathrm{or}\ \mathrm{very}\ \mathrm{often}\ \mathrm{feel}\ \mathrm{that}\\ \mathrm{You}\ \mathrm{didn't}\ \mathrm{have}\ \mathrm{enough}\ \mathrm{to}\ \mathrm{eat},\ \mathrm{had}\ \mathrm{to}\ \mathrm{wear}\ \mathrm{dirty}\ \mathrm{clothes},\ \mathrm{and}\ \mathrm{had}$ |
| no one to protect you? or Your parents were too drunk or high to take care of you or take you to the  |
| doctor if you needed it?  |
| NoIf Yes, enter 1   |
| 6. Were your parents ever separated or divorced?  |
| NoIf Yes, enter 1   |
| 7. Was your mother or stepmother:   |
| Often or very often pushed, grabbed, slapped, or had something thrown at her? or Sometimes, often, or   |
| very often kicked, bitten, hit with a fist, or hit with something hard? or Ever repeatedly hit over at least  |
| a few minutes or threatened with a gun or knife?  |
| NoIf Yes, enter 1   |
| 8. Did you live with anyone who was a problem drinker or alcoholic, or who used street drugs?   |
| NoIf Yes, enter 1   |
| 9. Was a household member depressed or mentally ill, or did a household member attempt suicide?   |
| NoIf Yes, enter 1   |
| 10. Did a household member go to prison?  |
| NoIf Yes, enter 1   |
|   |



Prior to your 18th birthday:



## Beyond Screenings – How to have difficult conversations

- Who did you bring with you today or who came with you today?
  - Ask for accompanying person to briefly leave the room for time alone
- Have you ever had to trade sex for money, drugs, or housing?
- Tell me about your typical day/what does a typical day look like to you?
- Food insecurity: Do you have trouble accessing food or are there days when you aren't sure where or how you'll obtain your next meal





# Use of Data and Measurement-Based Care in Behavioral Health

## Informal screening tool

Behavioral health intake

#### Hx of Present Illness

History of present illness is Not asked.

Family's/Client's understanding of illness Not asked.

Setting in which symptoms occur Not asked.

What aggravates the symptoms Not asked.

Severity of symptoms Not asked.

Life events occuring at the time of symptoms Not asked.

Reason for referral Not asked.

#### Behavioral Health Tx

Currently in Tx Not asked.

Past BH Tx Not asked.

Name of previous therapist Not asked.

Previous therapist: ROI obained Not asked.

Lifetime Psychiatric Hospitalizations

hospitalization 0

PCP name and address CHC based.

Date of last physical

Date of last physical Not asked





#### Substance Abuse

Has anyone, including you, ever thought you had a problem wi Not Asked.

Have there been any negative consequences from your use of a Not asked.

Problems with Alcohol and/or Drugs Not asked.

Six months prior to admission, alcohol / drug problem alcohol/drug in past six months Not asked

Detox symptoms present today Not asked.

Past alcohol and / or drug abuse history Not asked.

#### Addictive Behavior

Problem Gambling \_\_, Not asked.

Gambling: during the past 12 months, have you become restles \_\_, Not asked.

During the past 12 months, have you tried to keep your famil \_\_, Not asked.

During the past 12 months, did you have such financial troub \_\_, Not asked.

If yes to any of the gambling questions, was referral given \_\_, Not asked.

### Legal Involvement

Legal History

: Not asked

Pending Charges

: Not asked

Current Probation/Parole

## Personal History

Natural Support System/Community Involvement Not asked.

Strengths Not asked.

Residency in the United States

Residency Not Asked

Living arrangements

living arrangements Not asked

Marital Status Not asked.

Employment Not asked.

Education Not asked.

Family make up Not asked.

Risk factors present Not asked.

Nutritional Assessment Not asked.

If concerns noted re: nutrition, referral to Registered Diet Not asked.

Preferred language \_.

Preferred method of learning Not asked.



# Use of Data and Measurement-Based Care in Behavioral Health

## Formal screening tools/measures

- ➤PHQ-9
- ➤GAD-7
- CSSRS (suicide severity assessment)
- MDQ (mood disorder assessment)
- ➤ DSM-V Cross Cutting Measures
- **ACES**





#### Anxiety Screening

GAD-7 (2018 Edition)

Feeling nervous, anxious, or on edge Several days

Not being able to stop or control worrying Several days

Worrying too much about different things Several days

Trouble relaxing More than half the days

Being so restless that it is hard to sit still Nearly every day

Becoming easily annoyed or irritable Several days

Feeling afraid as if something awful might happen Several days

If you checked any problems, how difficult have they made it for you to do your work, take care of things at home, or get along with other people? Very difficult

Total GAD-7 Score 10

Interpretation of Total (10 to 14) Moderate

ACE Survey

Did a parent or other adult in the household often swear at you, insult you, put you down, or humiliate you? OR act in a way that made you afraid that you might be physically hurt? \*

Did a parent or other adult in the household often Push, grab, slap, or throw something at you? OR Ever hit you so hard that you had marks or were injured? \*

Did an adult or person at least 5 years older than you ever touch or fondle you or have you touch their body in a sexual way? OR Try to or actually have oral, anal, or vaginal sex with you? \*

ACE Total: \*

Did you often feel that no one in your family loved you or thought you were important or special? OR Your family didn't look out for each other, feel close to each other, or support each other? \*

Do you often feel that you didn't have enough to eat, had to wear dirty clothes, and had no one to protect you? OR Your parents were too drunk or high to take care of you or take you to the doctor if you needed it? \*

Were your parents ever separated or divorced? \*

Was your mother or stepmother: often pushed, grabbed, slapped or had something thrown at her? OR Sometimes or often kicked, bitten, hit with a fist, or hit with something hard? OR ever repeatedly hit over at least a few minutes or threatened with a gun or knife? \*

Did you live with anyone who was a problem drinker or alcoholic or who used street drugs? \*

Was a household member depressed or mentally ill or did a household member attempt suicide? \*

Did a household member go to prison? \*

Is this an area you would like to address in treatment? \*







## **SOGI Data Collection**





# CKP Quality Improvement Team: Choosing the Initiative

- Why Choose Sexual Orientation and Gender Identity (SO/GI) Collection?
  - CKP team passionate about initiative
  - SO/GI Collection met many of the criteria required to have a successful outcome
    - SO/GI part of the Uniform Data System (UDS) required by HRSA.
    - CHC senior leadership buy-in and support.
    - Grant funding
    - Strategic partnership (CDC/NACHC/Fenway/CHC collaboration)
    - Agency-wide initiative





## CKP QI Team: Preliminary Decisions

- Who should be involved as part of the Quality Improvement initiative:
  - CKP Directors
  - Medical providers
  - Medical Assistants
  - Nursing
  - IT/Data/EHR (Coach)
  - Case manager
  - PrEP navigator
  - Outreach worker
  - Front desk staff (when needed)





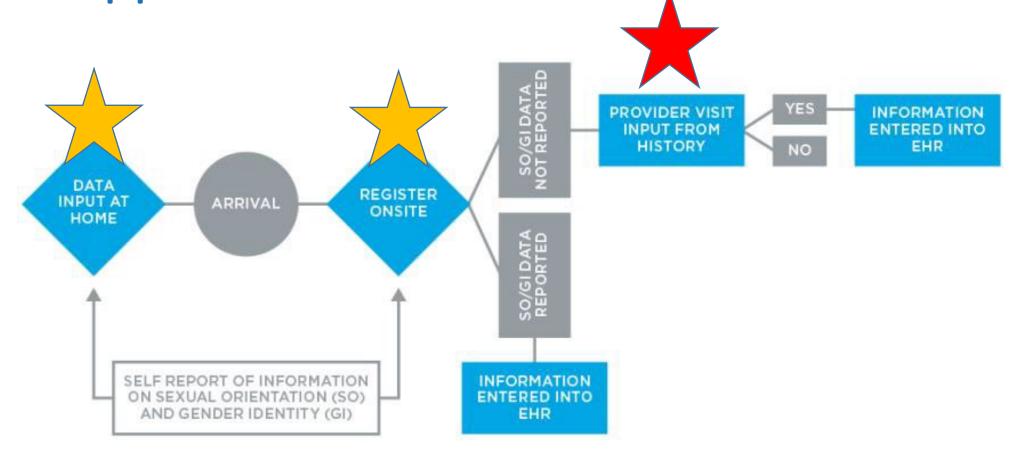
## CKP QI Team: Decisions to Work Through

- ✓ When during the patient visit process can SO/GI be collected?
- ✓ Who will collect it?
- ✓ How will it be collected?
- ✓ Where will the information be documented in the health records and what will it look like?
- ✓ What type of training is needed and who will require it?





Opportunities for SOGI Data Collection







## SO/GI Initiative at CHC

- Opted to collect information at medical visit.
- Created structured data fields in the EHR under Social History for SO/GI.
- PDSAs done by CKP team, nursing, behavioral health, then expand to more medical providers and pediatrician through QI/Clinical Microsystem.
- Trainings
  - On LGBTQ cultural humility
    - At Grand Rounds and at All Staff meetings
  - On SO/GI collection
    - To the various specific disciplines involved, e.g. providers, MAs, RNs, front desk staff, access to care
  - Follow up trainings where required.
- Agency-wide kick off date: September 1, 2016
- Patient Portal access to SO/GI questionnaire set up as well.





## **SO/GI Collection Process**

- SO/GI information will appear on the Planned Care Dashboard, as a one time ever collection:
  - ☐ if all components missing
  - if sexual orientation, gender identity, or sex at birth is missing
  - ☐ if patient has chosen a gender identity different from sex at birth and preferred name and pronoun are missing

| ALERTS                      | Last Date  | Due Date  | Value | Notes               |
|-----------------------------|------------|-----------|-------|---------------------|
| Needs Flu Vaccine 2016-2017 |            |           |       |                     |
| DM Retinopathy              | 4/14/2015  | 4/14/2016 |       |                     |
| Body Mass Index             | 5/16/2016  |           | 34.41 | Needs Education     |
| HIV Screen Needed           |            |           |       | Once,13-64 yrs old  |
| SBIRT                       | Never Done |           |       | Yearly, 18+ yrs old |
| SOGI                        | Never Done |           |       |                     |





## **SO/GI Collection Process**

- Information will be collected through a questionnaire and entered in Social History in the EHR, eClinicalWorks (eCW).
- Preferred name and pronouns to use for patients will automatically be pulled to Practice and Phone Management Systems (NOVO /Centricity) so all staff can address patients correctly.





## Key Steps in Collecting SO/GI: Medical Assistants

- ➤ The purpose is to collect sexual orientation and gender identity (SOGI) information on all patients 13 years + coming in for a medical visit
- > The MA checks the planned care dashboard during their huddle.
- ➤ If the patient requires any SOGI component, the MA prepares the SOGI questionnaire to give to the patient.
- When the patient presents for the visit, the MA rooms the patient and hands the SOGI questionnaire to the patient.
- The MA will inform the patient that CHC is collecting this information on all patients as a standard of care and that the provider will review the questionnaire with them.
- Any questions they may have about the questionnaire can be discussed with the provider if needed.







| Name/MR#:  | DOB:                            |   |
|--|---------------------------------|---|
| Date:  |                                 |   |
| SOGI Screening Qu  | uestionnaire Form               |   |
| Thank you for completing this form. We ask ab<br>that we can provide you with patient-centered   | _                               | - |
| Do you think of yourself as:  Straight or heterosexual Lesbian, gay, or homosexual Bisexual Other: Questioning Don't know Choose not to disclose   |                                 |   |
| Do you think of yourself as;  Male Female Transgender Male/Trans Man/Female to Transgender Female/Trans Woman/Mal Genderqueer (neither exclusively male in Additional gender category/Other, pleas Questioning Don't know Choose not to disclose | e to Female (MTF)<br>or female) | _ |
| What sex were you assigned at birth on your or  ☐ Male ☐ Female ☐ Decline to answer  | riginal birth certificate?      |   |
| Pronouns to use. Specify:  He/Him She/Her They/Them Other:   | -                               |   |





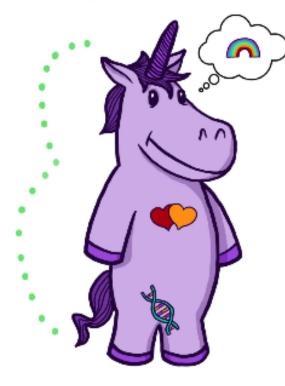
|                             |  | D                      |             |      |
|-----------------------------|--|------------------------|-------------|------|
| Date:                       |  |                        |             |      |
|                             | SOGI Screeni                                       | ng Questionnair        | e Form      |      |
| -                           | tar este formulario.<br>proveerle como pacie<br>o. | _                      |             |      |
| Como usted se cons          | idera:   |                        |             |      |
| ☐ Heterosexu                | al (Straight)                                      |                        |             |      |
| <ul><li>Homosexua</li></ul> | l, <u>Lesbiana</u> , Gay                           |                        |             |      |
| <ul><li>Bisexual</li></ul>  |  |                        |             |      |
|                             |  |                        |             |      |
| □ Cuestionano               | <u>lQ</u>  |                        |             |      |
| □ No Se                     |  |                        |             |      |
| ☐ <u>Prefiero</u> no        | contestat  |                        |             |      |
| Como usted se con           | idera:   |                        |             |      |
| ☐ Hombre                    |  |                        |             |      |
| □ Mujer                     |  |                        |             |      |
|                             | nsgenero/Hombre-Tr                                 |                        | 2           |      |
|                             | genero/Mujer-Trans                                 |                        |             |      |
|                             | o comformista (gend                                |                        |             | uler |
| ☐ Categoria ac              | licional de genero / O                             | tro, por favor especif | rique:      |      |
| □ No se                     | 10   |                        |             |      |
| ☐ Prefiero no               | contestar  |                        |             |      |
|                             | ***********  |                        |             |      |
|                             | on al nacer en su cert                             | tificado de nacimient  | o original? |      |
| ☐ Hombre                    |  |                        |             |      |
| ☐ Mujer                     |  |                        |             |      |
| ☐ <u>Prefiero</u> no        | contestar  |                        |             |      |
| Qué pronombres <u>u</u>     | sa?  |                        |             |      |
| □ El                        |  |                        |             |      |
| □ Ella                      |  |                        |             |      |
| ☐ Ellos/Ellas               |  |                        |             |      |
| □ Otro:                     |  |                        |             |      |



## SOGI Screening

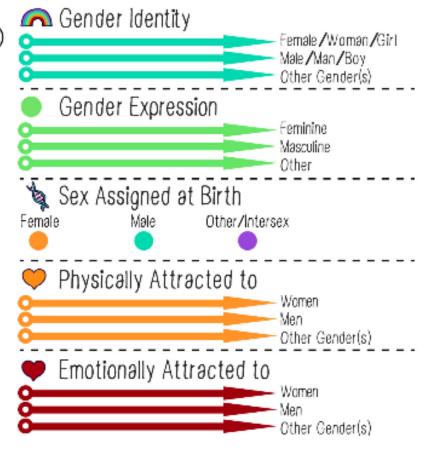
## The Gender Unicorn





To learn more, go to: www.transstudent.org/gender

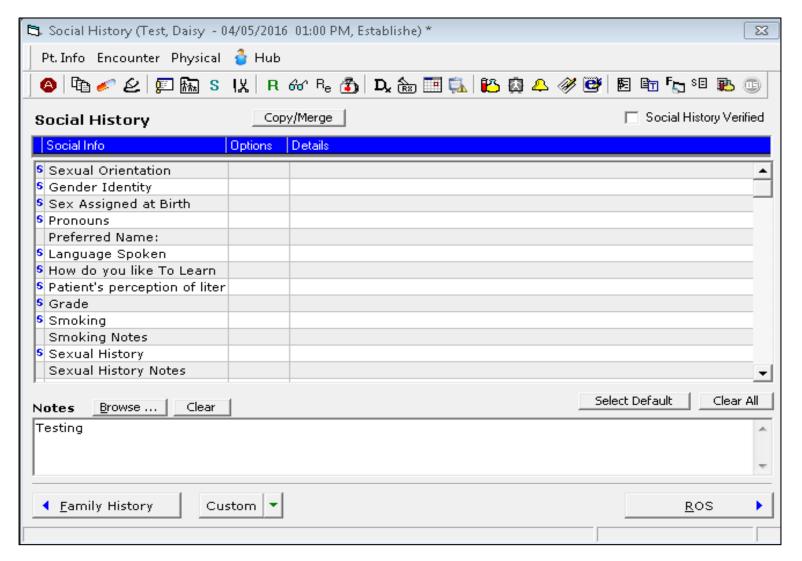
Design by Landyn Pan and Anna Moore







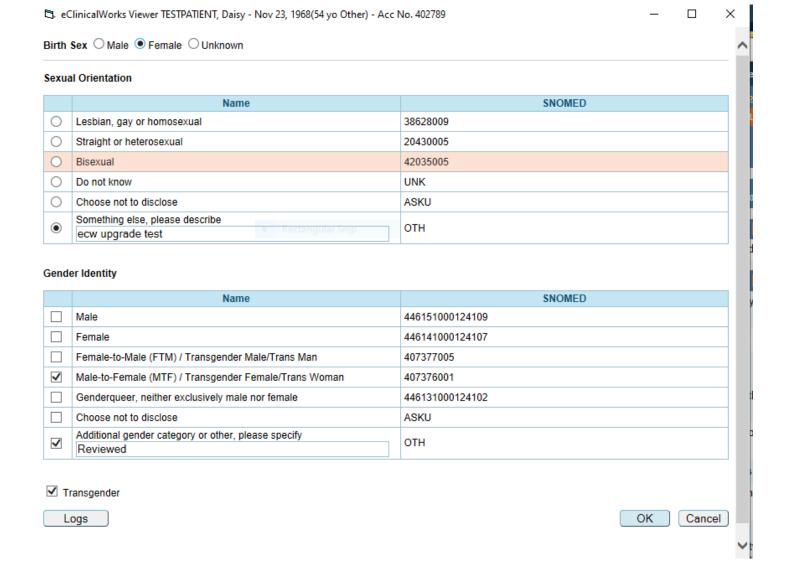
## SO/GI Information in Social History







# The SO/GI Box in Patient Information





## **Preferred Name and Pronouns**

| 🖰, Patient Information TESTPATIENT, Daisy - Nov 23, 196 | 58(54 yo O | ther) - Acc No. 402789 ,(                 | Ecw Upgrade Test )  | ×           |
|---|------------|---|---------------------|-------------|
| Personal Info   |            | _   |                     |             |
| Account No 402789 Prefix                                | ▼          | PCP C                                     | Channamsetty, Veena | Clear       |
| Last Name* Testpatient Suffix                           | -          | Referring Provider                        |                     | Clear       |
| First Name* Daisy                                       | MI         | Rendering Provider/<br>Primary Care Giver | zzzFeuer,Richard    | _           |
| Previous Name Preferred Name                            | avid       | Date Of Birth *                           | 11/23/1968 Age:     | 54Y         |
| Address Line 1 159 main st ave                          |            | (mm/dd/yyyy) Gestational Age 2            | 25                  |             |
| Address Line 2 Apt 1                                    |            | Se <u>x</u> *                             |                     | D./G.I      |
| City Stamford Va  | lidate     | Marital Status                            | Married Preferred S | Sex M       |
| State CT ▼ Zip 06902 Count                              | ry         | Social Security                           | 222-11-1112         | Parent Info |
| Home Phone 860-707-9895 Cell No                         |            | Emplo <u>v</u> er Name                    |                     | Clear       |
| Work Phone <u>E</u> xt                                  |            | Emp Status                                | (None Selected      | <b>ქ</b> )  |
| (statements will be addressed to responsible par        | ty)        | Student Status                            |                     |             |
| Responsible Party Select Set Emergency                  | Contact    | Emergency Contact                         | Fam. Hub ▼          |             |
| N   |            | Name                                      | Delat               | IOD         |

## SO/GI Playbook: Medical Assistants

Medical Assistant (MA) checks planned care dashboard during huddle

MA flags need for SOGI collection and prepares Questionnaire

Patient Presents for Medical Provider Visit

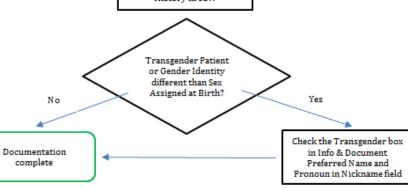
Medical Assistant presents Questionnaire to patient

MA explains Questionnaire and states provider will discuss any questions

Patient completes Questionnaire and hands to provider

Provider reviews responses and asks patient if they have any questions

Provider or MA enters the responses into Social History in eCW





## SO/GI Playbook: Nursing and Behavioral Health

Nurse checks planned care dashboard or Social History and flags need for SOGI collection

Patient Presents for Nursing Visit

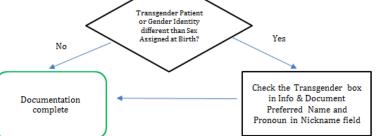
Nurse informs patient of reason for SOGI collection and answers any questions

Nurse presents Questionnaire to patient or verbally asks the questions

Patient completes Questionnaire and hands back to Nurse or answers the questions

Nurse reviews responses and asks patient if they have any questions

Nurse enters the responses into Social History in eCW



BH clinician reviews dashboard or Social History and flags need for SOGI collection

Patient Presents for BH Visit

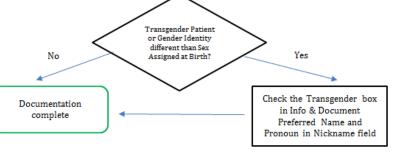
BH clinician informs patient of reason for SOGI collection and answers any questions

BH clinician presents Questionnaire to patient or verbally asks the questions

Patient completes
Questionnaire and hands
back to clinician or answers
the questions

Clinician reviews responses and asks patient if they have any questions

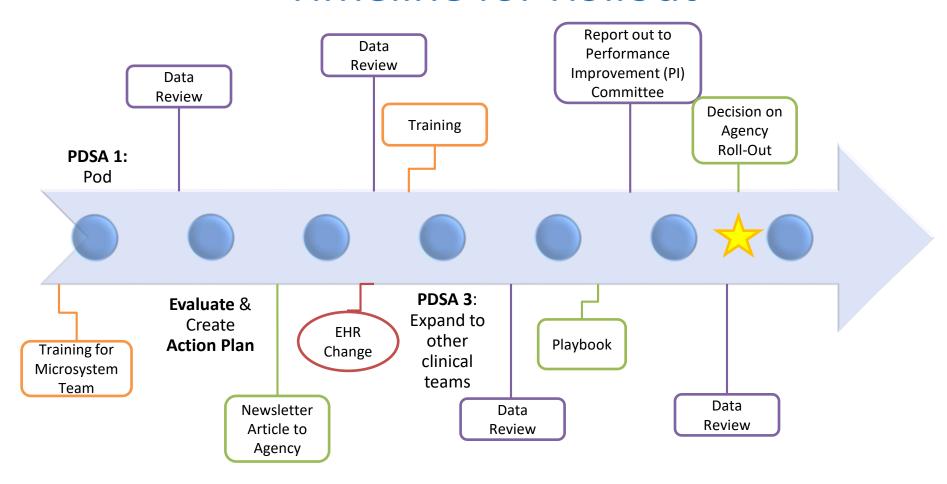
> Clinician enters the responses into Social History in eCW







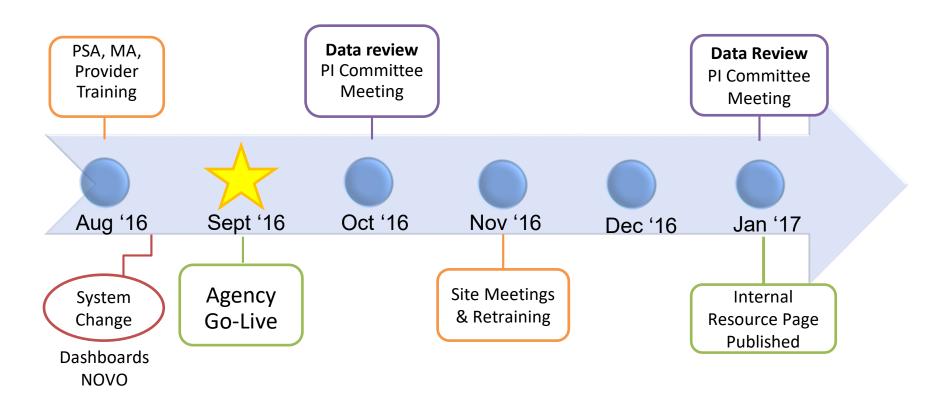
#### Timeline for Rollout







#### Timeline for Rollout







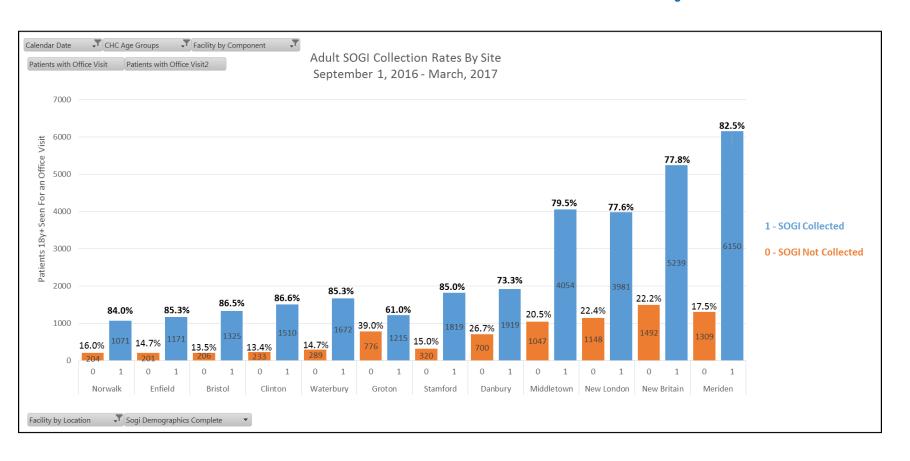
## Agency-wide 6-Month SO/GI Collection Rates

| Sont 2016 March 2017          | Patient Age Group |         |             |         |
|-------------------------------|-------------------|---------|-------------|---------|
| Sept, 2016 - March, 2017      | 18 years+         |         | 13-17 years |         |
| SOGI Status                   | Count             | Percent | Count       | Percent |
| Full Profile Complete         | 30359             | 78.6%   | 4356        | 54.2%   |
| Profile Started, Not Complete | 971               | 2.5%    | 197         | 2.4%    |
| Total Patients with at least  | 21220             | 01 10/  | 4552        |         |
| Partial SOGI Profile          | 31330             | 81.1%   | 4553        | 56.6%   |





## SO/GI Collection Rates by Site







## Sexual Orientation Summary by Age Group

ADULTS 18+

**ADOLESCENTS 13-17** 

| Sexual Orientation - Adults  |                            |                |
|------------------------------|----------------------------|----------------|
| Calendar Date                | All Dates                  |                |
| CHC Age Groups               | 18+                        |                |
| Facility by Component        | Medical                    |                |
| Encounter Type               | Office Visit               |                |
| Clinical Event               | SOGI                       |                |
|                              |                            |                |
| Row Labels                   | Patients with Office Visit | % Pts Screened |
| Straight or heterosexual     | 30983                      | 92.43%         |
| Choose not to disclose       | 658                        | 1.96%          |
| Unreported                   | 489                        | 1.46%          |
| Bisexual                     | 503                        | 1.50%          |
| Lesbian or gay or homosexual | 672                        | 2.00%          |
| Other:                       | 116                        | 0.35%          |
| Don't know                   | 80                         | 0.24%          |
| Questioning                  | 20                         | 0.06%          |
| Grand Total                  | 33521                      | 100.00%        |
| Total Same Sex Attraction    | 1175                       | 3.51%          |
| NON Heterosexual             | 1391                       | 4.15%          |

| Sexual Orientation - 13-17y  |                            |                |
|------------------------------|----------------------------|----------------|
| Calendar Date                | All Dates                  |                |
| CHC Age Groups               | 13-17 Years                |                |
| Facility by Component        | Medical                    |                |
| Encounter Type               | Office Visit               |                |
| Clinical Event               | SOGI                       |                |
|                              |                            |                |
| Row Labels                   | Patients with Office Visit | % Pts Screened |
| Straight or heterosexual     | 4331                       | 87.71%         |
| Unreported                   | 124                        | 2.51%          |
| Choose not to disclose       | 83                         | 1.68%          |
| Bisexual                     | 180                        | 3.65%          |
| Lesbian or gay or homosexual | 98                         | 1.98%          |
| Don't know                   | 56                         | 1.13%          |
| Other:                       | 42                         | 0.85%          |
| Questioning                  | 24                         | 0.49%          |
| Grand Total                  | 4938                       | 100.00%        |
| Total Same Sex Attraction    | 278                        | 5.63%          |
| NON Heterosexual             | 400                        | 8.10%          |

NON Heterosexual includes Other, Don't Know and Questioning.





## Transgender Population by Age Group

| Adults (18+)                      |                    |                                   |  |  |
|-----------------------------------|--------------------|-----------------------------------|--|--|
| Transgender Subcategory           | No. of<br>Patients | % of Pts with SOGI  Data Recorded |  |  |
| Male (w/ female assigned @ birth) | 104                | 0.33%                             |  |  |
| Female (w/ male assigned @ birth) | 123                | 0.39%                             |  |  |
| Transmen                          | 37                 | 0.12%                             |  |  |
| Transwomen                        | 28                 | 0.09%                             |  |  |
| Genderqueer                       | 13                 | 0.04%                             |  |  |
| Other gender                      | 11                 | 0.04%                             |  |  |
| Transgender Total                 | 316                | 1.01%                             |  |  |
| Pts with SOGI Data Recorded       | 31330              |                                   |  |  |
| Questioning & Don't Know          | 15                 | 0.05%                             |  |  |
| Choose not to disclose            | 290                | 0.93%                             |  |  |

| Adolescents (13-17)               |                    |                                     |  |  |
|-----------------------------------|--------------------|-------------------------------------|--|--|
| Transgender Subcategory           | No. of<br>Patients | % of Pts with SOGI<br>Data Recorded |  |  |
| Male (w/ female assigned @ birth) | 7                  | 0.22%                               |  |  |
| Female (w/ male assigned @ birth) | 4                  | 0.13%                               |  |  |
| Transmen                          | 9                  | 0.28%                               |  |  |
| Transwomen                        | 1                  | 0.03%                               |  |  |
| Genderqueer                       | 7                  | 0.22%                               |  |  |
| Other gender                      | 4                  | 0.13%                               |  |  |
| Transgender Total                 | 32                 | 1.01%                               |  |  |
| Pts with SOGI Data Recorded       | 3168               |                                     |  |  |
| Questioning & Don't Know          | 6                  | 0.19%                               |  |  |
| Choose not to disclose            | 16                 | 0.51%                               |  |  |





## Staff Reaction to SO/GI Standardization

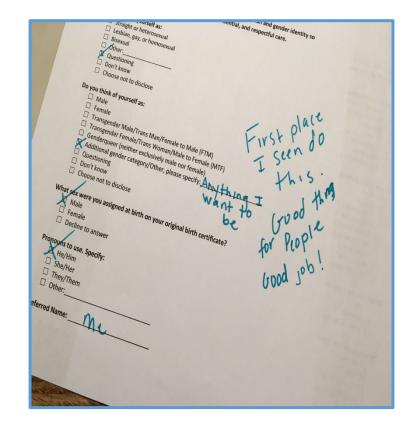
- "We have heard so much about what was going on in [another CHC] site and were wondering when this would get around to us."
  - ~MA in Enfield
- "I have a daughter who is transgender and I asked her about the training we received and the process we are using. She was very interested in how we would be using the data collected and not just the fact that we collected it. I would like to know more about our long-term goals."
  - ~ RD in NB
- "Everything gets put on the MA's to do but this is something that feels right to do as an agency. When I heard what the patient response was in the first sites I couldn't wait for it to move to our site."
  - ~ MA in New London

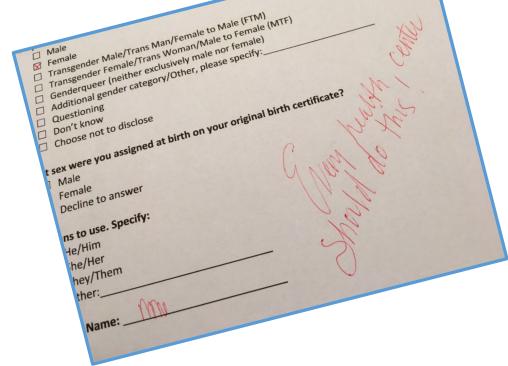




Use positive patient feedback to

sustain momentum!









## Implementation Climate

#### **Facilitators**

- ✓ Agency with progressive values
- ✓ Leadership buy in and support
- ✓ Well-trained, willing, enthusiastic staff
- ✓ Large patient population willing to give feedback and input
- ✓ Pieces for agency-wide implementation already in place
  - ✓ Screening workflows
  - ✓ Planned care dashboard
  - ✓ Staff meetings/trainings
  - ✓ QI/PDSA/SDSA culture

#### **Barriers**

- ✓ Some patients less receptive to SOGI data collection
- ✓ Competition with multiple other standards/clinical expectations
- ✓ Limitations of EHR
- ✓ Practice management database and EHR are different
- ✓ Large agency with multiple sites with centralized phone systems
- ✓ Staff turnover



## Implementation: Compatibility of Intervention with Workflow

#### **Facilitators**

- ✓ Medical assistants able to administer SOGI data forms during routine interaction prior to OV
- ✓ Planned care dashboard available
- ✓ Patient portal available and SOGI able to be collected through portal

#### **Barriers**

- ✓ Providers have limited time available to enter SOGI data into EHR
- ✓ SOGI collection input by MA not completely in line with busy workflow
- ✓ Limited number of patients access and use patient portal.
- ✓ SOGI collection at registration very difficult



#### Lessons Learned

- Standardization is on-going and the process requires continuous attention.
- Prioritize a true change in agency culture not just process.
- Find and lead with your site champions.
- Facilitate collaborations with internal departments early in the process (i.e.: data, business intelligence).
- Be prepared for the "hoops" you need to jump through to get to an agency wide initiative committee presentations, BOD approval.
- Patient feedback can invigorate enthusiasm in staff.
- Collaboration with other community agencies is essential.





#### Lessons Learned

- Training to all levels of staff is arduous but necessary in standardization remember to include administration, IT, billing, finance, facilities.
- Communication to the correct individuals is a key to success.
- Recognition of key staff (especially those with increased work load) is essential.
- Trainings, monitoring, and evaluation must be ongoing.
- Leadership buy-in can make or break an initiative.
- Assign a key point of contact for questions, concerns and suggestions.
- Highlight successes often!







## Sexual Risk Assessment





#### Sexual Health Assessment

- May come up as part of a visit.
  - During related patient complaints; when taking social hx, past medical hx, reproductive hx
- May be performed as part of routine screening.
  - By provider or other trained clinical team member; on paper; on computer or smart screen; through patient portal

#### **Bottom Line**

Sexual health assessment should be done on every patient and should be performed regularly.





## How to Broach the Subject

- Let patients know:
  - you take a sexual history from all patients.
  - it is important for emotional and physical health.
  - it is confidential.
  - you take it regularly because sexual behaviors/STI exposures/sexual function/pregnancy desires and concerns all can change over time.

#### **Bottom Line**

Ask permission to proceed.
"I would like to ask you some questions about your sexual health. Is that OK with you?"





## How to Approach a Sexual Health Assessment

- Be sensitive and open.
- Be aware of your body language and facial expressions.
- Don't let your beliefs interfere with providing best care.
- Avoid leading questions.
  - "You always use condoms, right?"
  - "You only sleep with your husband, right?"
- Avoid terms like 'promiscuous' or 'sleep around'.

#### **Bottom Line**

Avoid being judgmental.

Practice questions out loud and with others.





## How to Approach a Sexual Health Assessment

- Sexual orientation does not always determine sexual behaviors.
  - How a person identifies and who they have sex with do not always align.
  - These can change over time.
- Use gender neutral terms until you know the gender of the partner(s).
- Sexual behavior should not be stereotyped.
  - Many elderly people are sexually active.
  - Heterosexual couples do have open relationships.
  - Gay couples do decide to be monogamous.
  - Some gay men don't like to give oral sex or receive anal sex.

#### **Bottom Line**

Make no assumptions.





### Goals of Sexual Health Assessment

- Does patient require STI screening?
- What parts do we need to screen?
- Does patient require STI treatment?
- Is sexual functioning as desired?
- Does patient require STD/HIV prevention and/or family planning?

#### **Bottom Line**

Promote healthy sex lives.

Empower with knowledge and choice.

Protect through prevention, screening, and treatment.





#### The 5 P's of Sexual Health Assessment

- > Partners
- Practices
- ➤ Past history of STDs
- ➤ Protection from STDs
- Pregnancy plans





#### I. Partners

- > Have you been sexually active in past year?
- ➤ How many partners do you have currently? In past year? (1 or more than 1)
- > Do you have sex with men, women, transmen, transwomen, other?
- > Do/did your partner(s) have other partners?





#### II. Practices

- Have you (or your partners) had sex with someone you did not know or just met?
- ➤ Have you (or your partners) had sex under the influence of drugs or alcohol?
- ➤ Have you (or you partners) received or given money/shelter/drugs for sex?
- > Do you have concerns about your sex life?
  - >Sexual function, desire, satisfaction, orientation, identity





## III. Past History of STDs

- > Have you had or been exposed to:
  - > GC
  - Chlamydia
  - Herpes (oral/genital)
  - ➤ Warts (HPV)
  - > Syphilis
  - > Trichomonas
  - > Hepatitis B
  - ➤ Hepatitis A
  - > HIV
- ➤ When? Treated? Recurrence of symptoms?





## **STD Symptoms**

- Genital itching/burning
- Anal itching/burning
- Genital discharge/pus/drip
- Anal discharge/pus/drip
- Sore throat
- Rash
- Genital/anal sores
- Genital/anal pain





### IV. Protection from STDs Education

- Explain difference between HIV and STD prevention, e.g. PrEP, condoms.
- Unlikely to get HIV from oral sex but you can get STDs, e.g. GC, chlamydia
- > Sharing sex toys without condoms can give you STDs.
- ➤ Condoms greatly reduce risk of STDs but still possible to get through areas not covered by condom.
- > Hepatitis A/B and HPV vaccinations available.



#### Estimated Per-Act Probability of Acquiring HIV from an Infected Source, by Exposure Act\*

| Type of Exposure                                 | Risk per 10,000 Exposures |  |
|--|---------------------------|--|
| Parenteral                                       |                           |  |
| Blood Transfusion                                | 9,250                     |  |
| Needle-Sharing During Injection Drug Use         | 63                        |  |
| Percutaneous (Needle-Stick)                      | 23                        |  |
| Sexual   |                           |  |
| Receptive Anal Intercourse                       | 138                       |  |
| Insertive Anal Intercourse                       | 11                        |  |
| Receptive Penile-Vaginal Intercourse             | 8                         |  |
| Insertive Penile-Vaginal Intercourse             | 4                         |  |
| Receptive Oral Intercourse                       | Low                       |  |
| Insertive Oral Intercourse                       | Low                       |  |
| Other^   |                           |  |
| Biting   | Negligible                |  |
| Spitting   | Negligible                |  |
| Throwing Body Fluids (Including Semen or Saliva) | Negligible                |  |
| Sharing Sex Toys                                 | Negligible                |  |

<sup>\*</sup> Factors that may increase the risk of HIV transmission include sexually transmitted diseases, acute and late-stage HIV infection, and high viral load. Factors that may decrease the risk include condom use, male circumcision, antiretroviral treatment, and pre-exposure prophylaxis. None of these factors are accounted for in the estimates presented in the table.

<sup>^</sup> HIV transmission through these exposure routes is technically possible but unlikely and not well documented.



## **Condom Use Protection Against HIV**

- Consistent condom use with usual rates of breakage and slippage protects about 80% (with range: 35 to 94%)
  - Estimates mainly based on heterosexual couples.
  - Very few studies in MSM or with anal sex.







## V. Pregnancy Plans

- > Do you have plans or desires to have (more) children?
  - ➤ Do you have concerns around pregnancy?
  - What are you doing to prevent pregnancy?
  - ➤ Do you want information on birth control?
  - ➤ Do you have questions about fertility options?

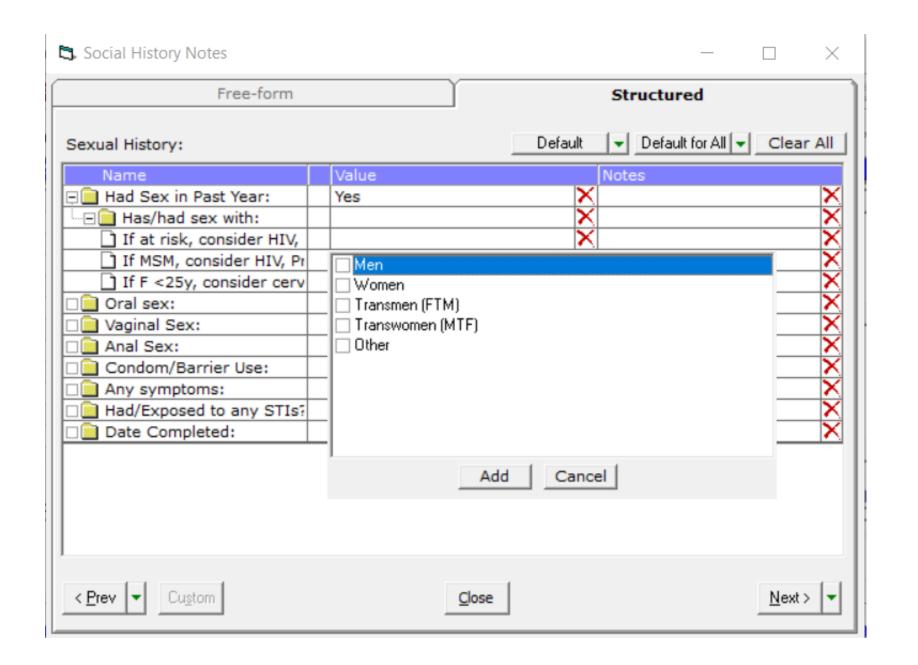


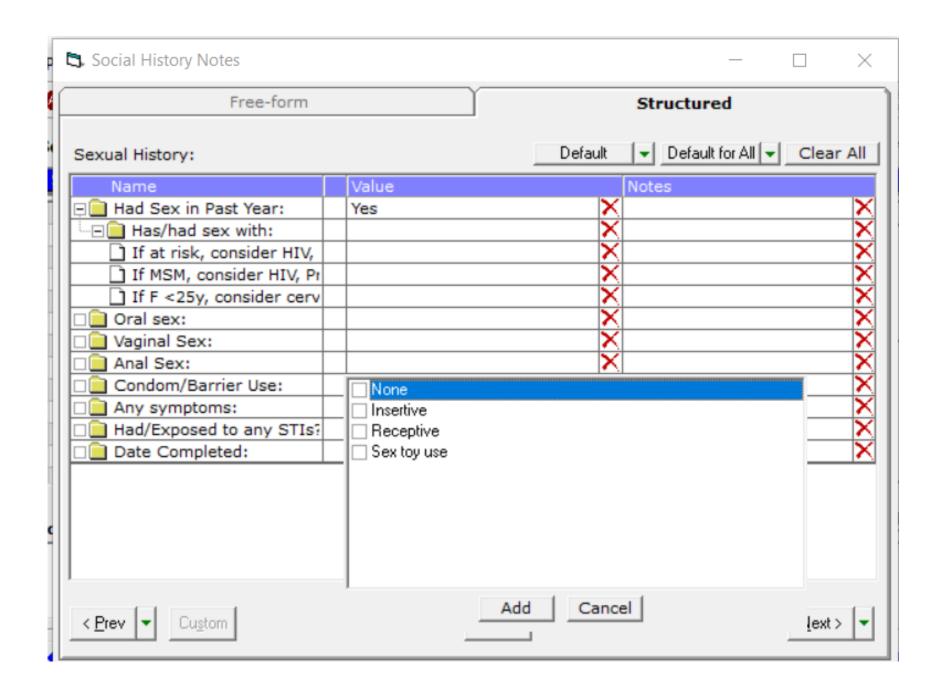


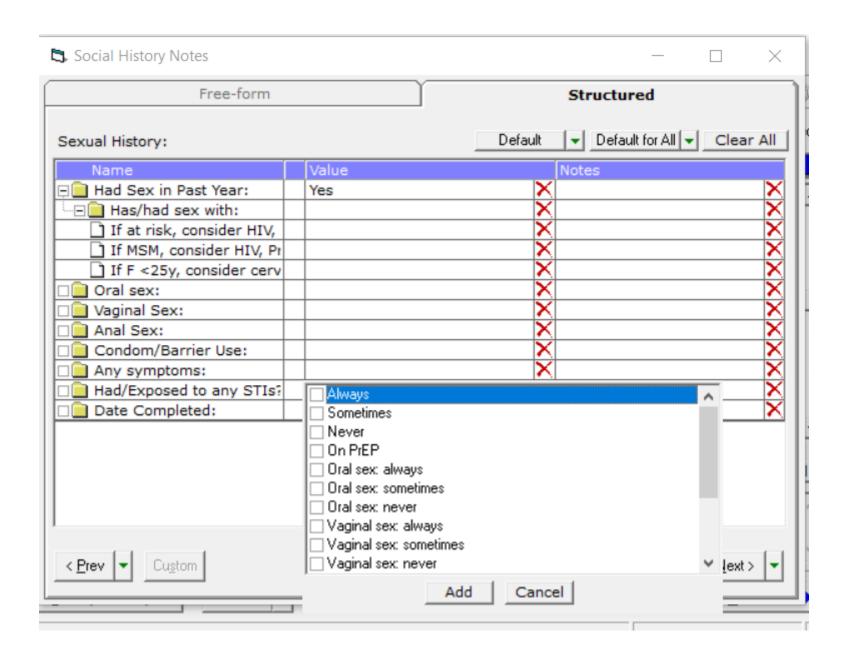
## 6 Essential Sexual Health Questions: To Determine STD Screening/Treatment

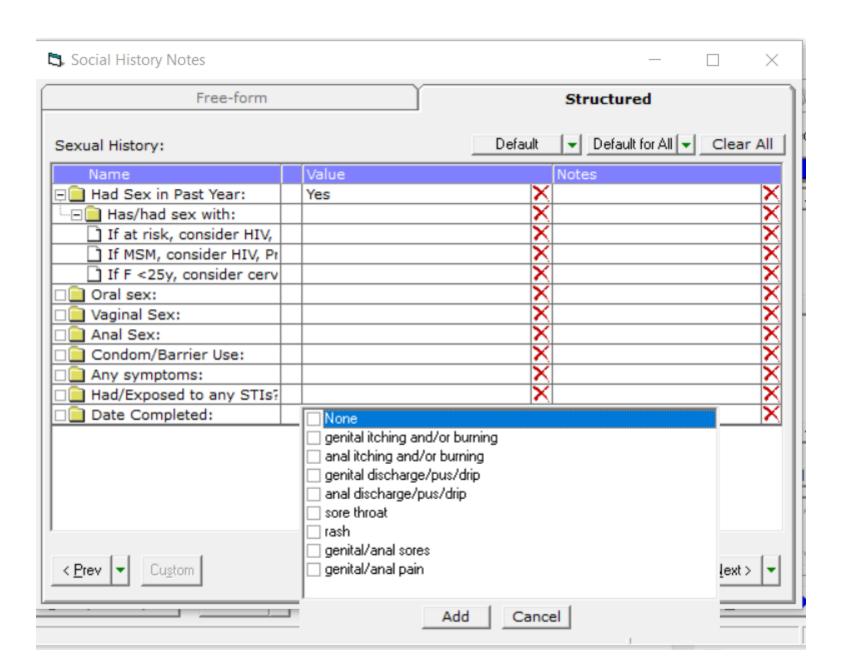
- Have you ever had any type of sex?
  - Oral, Vaginal, Anal?
- When was the last time?
- Are partners men, women, transmen, transwomen?
   How many (1 or more than 1)?
- Do you use condoms/PrEP? Always, sometimes, never?
- Any symptoms?
- Were you exposed to any STDs that you know?



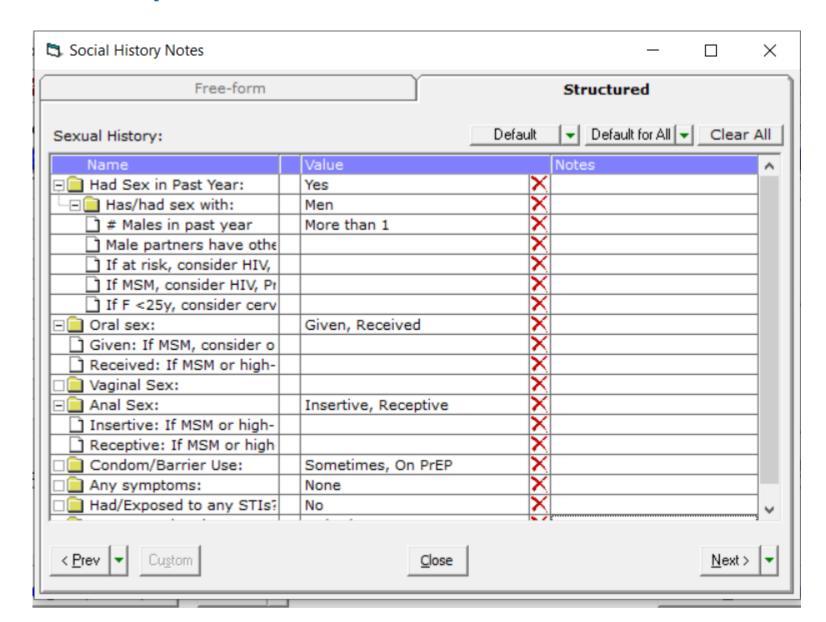








### Example of Sexual Health Assessment







# Questions?







### **Next Steps**

#### Agenda items for your meetings during this action period

 Conduct internal team meetings and discuss how you will use the data from the SOGI and Sexual Risk Assessment tools in your electronic health record

#### **Assignments**

- Set up process for collecting Sexual Orientation and Gender Identity (SOGI) (i.e. questionnaire, template in EHR, etc.)
- Set up process for collecting Sexual Risk Assessment and STI Testing (i.e. portal, iPad, template in EHR, etc.)

#### CME and Resource Page

Access Code: HIV2024



https://education.weitzmaninstitute.org/ content/nttap-hiv-prevention-learningcollaborative-2024





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**REMINDER:** Complete evaluation in the poll!

Upcoming Coach Calls: Monday March 4th & March 18th

Next Learning Session is Monday March 25<sup>th</sup>!







# Explore more resources!

# National Learning Library: Resources for Clinical Workforce Development

National Learning Library



CHC has curated a series of resources, including webinars to support your health center through education, assistance and training.

Learn More



The National Training and Technical Assistance Cooperative Agreements (NCAs) provide free training and technical assistance that is data driven, cutting edge and focused on quality and operational improvement to support health centers and look-alikes. Community Health Center, Inc. (CHC, Inc.) and its Weitzman Institute specialize in providing education and training to interested health centers in Transforming Teams and Training the Next Generation through;

National Webinars on advancing team based care, implementing post-graduate residency training programs, and health professions student training in FOHCs.

Invited participation in Learning Collaboratives to advance team based care or implement a post-graduate residency training program at your health center.

Please keep watching this space for information on future sessions. To request technical assistance from our NCA, please email NCA@chc1.com for more information.

### Health Center Resource Clearinghouse





https://www.weitzmaninstitute.org/ncaresources

https://www.healthcenterinfo.org/