# *S:\Weitzman Institute\Project ECHO\PR Materials\Logos\Weitzman ECHO Logo.png* Weight Management in Community Health ECHO

# *Session 1: The Biology of Obesity*

# *July 11, 2024*

**Reminders:** HIPAA, CEU Credit Available, Zoom Chat Function, Share Your Cameras, Mute Your Microphones

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| Presenter | Topic |
| Karen Ashley, EdD  Director of Education | **Weitzman Welcome** |
| Erika Fox  Senior Project Manager | **The France Foundation Welcome** |
| Emma Warshauer, MPH, CPH  Education Program Specialist | **Session Reminders** |
| Joy Mockbee, MD, MPH  Holly Bryant, RDN, MPH, CDCES  Mandeep Brar, MD  Dawn Graham, PhD | **Faculty Introductions** |
| Mandeep Brar, MD | **Didactic Presentation**  “The Biology of Obesity” |
| Mandeep Brar, MD  Phoenix, AZ  Cigna Healthcare | **Case Presentation**  Case 711001  19yo Female  Pt was referred to the endocrine clinic for evaluation and treatment of hyperphagia and weight gain. Pt’s Height is 67 in, weight is 211 lbs, and BMI is 33. Mother reported medical history that the patient had breech positioning, feeding difficulties, a weak cry at birth, and delayed major motor milestones. Pt reports no behavioral health history.  Pt has an older sibling with BMI of 30 and mother and father are diagnosed with overweight. Pt reports increased weight while at college due to eating out and not packing her own meals many days. Pt notes that she is always hungry and does not feel full after large meals.  **Question(s):** How should obesity be assessed and managed in this case? |

**Instructions for Accessing Sessions:**

1. Use [**this link**](https://education.weitzmaninstitute.org/content/weitzman-echo-weight-management-community-health-july-2024-april-2025#group-tabs-node-course-default5) to access the website & login.
2. Find the session that’s named after today’s date & click on it
3. Up to 15 minutes before, click the **Start Activity** button, then click the **Join the Meeting** link to join the ECHO session

**Please see below for links to a few knowledge base articles for some commonly asked questions!**

* [**How Do I Log Into the WeP?**](https://weitzmaninstitute.zohodesk.com/portal/en/kb/articles/how-do-i-log-in-to-the-weitzplatform)
* [**How Do I Access the Zoom Link and Evaluation for a Live Session?**](https://weitzmaninstitute.zohodesk.com/portal/en/kb/articles/i-m-enrolled-in-an-activity-how-do-i-access-the-zoom-and-evaluation-for-a-session)