# *S:\Weitzman Institute\Project ECHO\PR Materials\Logos\Weitzman ECHO Logo.png* Weight Management in Community Health ECHO

# *Session 3: The Impact of the Social Determinants of Health on Obesity*

# *September 12, 2024*

**Reminders:** HIPAA, CEU Credit Available, Zoom Chat Function, Share Your Cameras, Mute Your Microphones

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| Presenter | Topic |
| Humyra Ali, MPH, CHES  Education Program Specialist | **Welcome and Session Reminders** |
| Mandeep Brar, MD Faculty Facilitator | **Faculty Welcome** |
| Dawn Graham, PhD | **Didactic Presentation**  “The Impact of Social Determinants of Health on Obesity” |
| Alicia Lwin, MD  San Fernando, CA  Northeast Valley Health Corporation | **Case Presentation**  Case 711003  62 yo Female  Pt has a BMI of 36.9 and has experienced a weight loss plateau while on semaglutide. Pt has a history of diabetes, obstructive sleep apnea on CPAP, right knee osteoarthritis, overactive bladder, and major depressive disorder. Pt's recent A1c is 6.2, down from an initial 13.2 at the time of diabetes diagnosis. Pt’s starting weight was 301lbs during May 2022. Current weight is 257lbs as of July 2024.  Prior Weight History:   * 266lb October 2023 * 269lb July 2023 * 265lb March 2023 * 284lb October 2022 * 293lb August 2022 * 301lb May 2022   **Current medications:** Atorvastin, Buproprion XL, Creon DR, Dicyclomine, Fluoxetine, Metformin ER, Oxybutynin ER, Semaglutide  **Family Medical History:** Her father has pharyngeal cancer and diabetes, and her sister has diabetes.  **Current treatment:** Treatment approach includes medication management and ongoing collaboration with her healthcare providers to manage her diabetes, depression, and other related conditions. She is also focusing on improving her dietary habits and maintaining regular physical activity, specifically swimming for an hour daily.  **Additional Information:** Pt struggles with incorporating protein and vegetables into her diet, especially if meals are not easy to prepare.  **Question(s):** What are some additional recommendations for patients whose weight loss has plateaued while using semaglutide? |

**Instructions for Accessing Sessions:**

1. Use [**this link**](https://education.weitzmaninstitute.org/content/weitzman-echo-weight-management-community-health-july-2024-april-2025#group-tabs-node-course-default5) to access the website & login.
2. Find the session that’s named after today’s date & click on it
3. Up to 15 minutes before, click the **Start Activity** button, then click the **Join the Meeting** link to join the ECHO session

**Please see below for links to a few knowledge base articles for some commonly asked questions!**

* [**How Do I Log Into the WeP?**](https://weitzmaninstitute.zohodesk.com/portal/en/kb/articles/how-do-i-log-in-to-the-weitzplatform)
* [**How Do I Access the Zoom Link and Evaluation for a Live Session?**](https://weitzmaninstitute.zohodesk.com/portal/en/kb/articles/i-m-enrolled-in-an-activity-how-do-i-access-the-zoom-and-evaluation-for-a-session)