

# National Health Center Training and Technical Assistance Partners (NTTAP) 2023-2026 Comprehensive and Team-Based Care Learning Collaborative Syllabus 2024-2025

### **Overview**

The *Comprehensive Care and Advancing Team-Based Care* Learning Collaborative is an 8-month participatory learning experience offered by the National Health Center Training and Technical Assistance Partners (NTTAP), funded by the Health Resources and Services Administration, and hosted by Community Health Center, Inc. (CHCI) in Middletown, CT. The Collaborative is designed to provide health centers and look-alikes that are:

- 1. Beginning or restarting their move to high performance team-based comprehensive primary care with knowledge about the basic principles and best practices of care and the strategies to plan for implementation; and
- 2. Provide transformational strategies and coaching support to help primary care practices implement and advanced models of team-based care.

The Collaborative will consist of eight videoconference-learning sessions with primary care teams from across the country, as well as quality improvement training, ongoing mentoring for coaches in your organization, technical assistance, and access to web-based tools. Teams will complete an assessment of their current practice using a nationally recognized method to identify opportunities for improvement, and will work between learning sessions to meet their aims.

### **Background**

This learning collaborative will combine the content, knowledge, and skills from the Objective 1 *Fundamentals of Comprehensive Care* and Objective 6 *Advancing Team-Based Care* learning collaboratives. The course will cover the fundamentals of comprehensive care, including: team structure, job descriptions, standing orders, organizational structure, leadership, enhancement of technology, data mining and analysis, and evaluation of outcomes. The collaborative will provide opportunities for acquisition of knowledge, skills, tools and guidance to support health centers in developing a strategic plan for implementing team-based care within the context of their own organization, its structure, and resources. Each participating organization will identify a clinical team, organization leadership representation, and a designated coach to lead the team through the work of the Collaborative. The Collaborative will engage teams in work focused on developing knowledge, implementing, and measuring outcomes for a model of team-based care best suited to their organization.

### Objectives of the Comprehensive and Team-Based Care Learning Collaborative

Teams will:

- 1. Use assessments of their current team-based care model to identify areas for process improvement and role optimization.
- 2. Use quality improvement concepts and skills with coaching support to systematically achieve one or more specific aims.
- 3. Contribute to the learning among participating practice teams by engaging in Learning Collaborative activities.

Comprehensive and Team-Based Care Learning Collaborative Syllabus 2024-2025



#### **Deliverables**

As evidence of learning and participation in the Learning Collaborative, teams will complete:

- Stakeholder Analysis and Communication Plan
- Primary Care Team Practice Assessment
- Coach Skills Self-Assessment
- Team-Skills Self-Assessment
- Role Activity Assessment
- Global Aim Statement
- Process Map
- Fishbone Diagram
- Specific Aim Statement
- PDSA
- Playbook
- Showcase Presentation

#### Learning Collaborative Structure

- Eight 90-minute Learning Collaborative video conference sessions
- Weekly calls between NTTAP Mentor-coaches and Practice coaches
- Weekly team workgroup meetings
- Weitzman Education Platform



## SYLLABUS

The following syllabus provides an overview of the topics that will be covered during the eight learning sessions. **The syllabus is subject to change in order to best meet your learning needs.** The agenda items and deliverables are meant to help you structure your team meetings in order to keep you on track and to complete assessment tools that will help you to identify areas of improvement and better understand your practice.

Date	Activity	Topics and Assignments
October/November	Pre-work	<ul> <li><u>Pre-Work</u> <ul> <li>Identify your team members and team coach, and send contact information to <u>angersm@mwhs1.com</u></li> <li>Review purpose of the learning collaborative and learning collaborative syllabus, schedule, and Quality Improvement Workbook</li> <li>Read the introduction to the Quality Improvement Workbook</li> <li>Register for the Weitzman Education Platform if you wish to receive CME credit or participation hours</li> </ul> </li> <li><u>Deliverables due Friday November 8<sup>th</sup>:</u> <ul> <li>Prepare a brief introduction (2 slides/2 min) about your team and your goals for participation in the Collaborative to present in Session 1. Send slides to <u>angersm@mwhs1.com</u></li> <li>Begin self-assessment deliverable under Step 2 of the Quality Improvement Workbook</li> <li>Obtain and review UDS Data</li> </ul> </li> </ul>
November 7 <sup>th</sup> , 2024 2:00-4:00pm Eastern   11:00-1:00pm Pacific November 8 <sup>th</sup> , 2024 2:00-4:00pm Eastern   11:00-1:00pm Pacific	Quality Improvement Training <u>Zoom Link</u>	<ul> <li>Session 1         <ul> <li>Discuss how effective meeting skills contribute to effective meetings</li> <li>Describe the stages of the improvement ramp</li> <li>How to use data to assess their practice</li> <li>How to develop and use a global aim</li> </ul> </li> <li>Session 2         <ul> <li>How to develop and use a process map and fishbone diagram</li> <li>Effective solution storming/change ideas</li> <li>How to develop and use a specific aim</li> <li>How to develop and use PDSA cycles</li> </ul> </li> </ul>



Wednesday	Learning Session 1	Introductions
November 13 <sup>th</sup> , 2024	Learning Session I	
1:00-2:30 pm Eastern	Zoom Link	Community Health Center, Inc., Center for Primary Care Excellence, the NTTAP team and faculty
10:00-21:30 pm Eastern   10:00-11:30am Pacific	<u>ZUUTT LITK</u>	Overview of Learning Collaborative Structure, Roles, and Expectations
90 minutes		Team Introductions
90 minutes		Introduction to Team-Based Care
		History of Learning from Effective Ambulatory Practices (LEAP) and the Center for Excellence in
		Primary Care (CEPC)
		Quadruple Aim
		Building blocks of primary care
		<ul> <li>Introduction to empanelment/panel size</li> </ul>
		Making Your Team Work
		Role of Leadership & What Engaged Leadership Looks Like
		Quality Improvement
		Assessment of your practice (primary care team practice assessment)
Between Session 1 and	Team meetings	<u>Deliverables</u>
Session 2		Complete Step 1 in the Quality Improvement Workbook
		Complete Step 2 in the Quality Improvement Workbook
		Coach Call Dates:
		Wednesday November 20 <sup>th</sup>
		Wednesday November 27 <sup>th</sup>
		Wednesday December 4 <sup>th</sup>
Wednesday	Learning Session 2	Team-Based Care
December 11 <sup>th</sup> , 2024	7	Functionality of the Team
1:00-2:30 pm Eastern	Zoom Link	<ul> <li>Competencies of primary care</li> </ul>
10:00-11:30am Pacific		<ul> <li>Define the Team: Teamlet vs. Core vs. Extended</li> </ul>
90 minutes		<ul> <li>Introduction to the Role of Medical Assistant (MA) and Different Models of Using the MA</li> </ul>
		Making Your Team Work
		Introduction to Making Your Team Work
		• Coherence
		<ul> <li>Right People on the Team</li> </ul>
		<ul> <li>Communication Plan</li> </ul>
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### Comprehensive and Team-Based Care Learning Collaborative Syllabus 2024-2025



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		Building Team Culture: Share the Care
		9 Elements and Huddles
		Quality Improvement
		Global Aim Statement
Between Session 2 and	Team meetings	<u>Deliverables</u>
Session 3		Discuss the results of your team's Primary Care Team Practice Assessment; Coach Skills Self-
		Assessment; and Team-Skills Self-Assessment
		<ul> <li>What are your strengths and weaknesses?</li> </ul>
		<ul> <li>What surprised you?</li> </ul>
		Complete Step 3 in the Quality Improvement Workbook
		Coach Call Dates:
		Wednesday December 18 <sup>th</sup>
Wednesday	Learning Session 3	Team-Based Care
January 8 <sup>th</sup> , 2025		Structure of the Team
1:00-2:30 pm Eastern	Zoom Link	<ul> <li>Enhanced Role of MA</li> </ul>
10:00-11:30am Pacific		<ul> <li>Models of Teamlets: Bellen – 3 person core team; Interprofessional Team</li> </ul>
90 minutes		<ul> <li>Evolution of Roles</li> </ul>
		Role of Registered Nurse and Medical Assistant in Team-Based Care
		Quality Improvement
		Fishbone Diagrams
		Process Maps
Between Session 3 and	Team meetings	Deliverables
Session 4		Complete Step 4 in the Quality Improvement Workbook
		Coach Call Dates:
		Wednesday January 15 <sup>th</sup>
		Wednesday January 22 <sup>nd</sup>
		Wednesday January 29 <sup>th</sup>
		Wednesday February 5 <sup>th</sup>
Wednesday	Learning Session 4	Team-Based Care
February 12 <sup>th</sup> , 2025		Overcoming Barriers – Financial/Policy
1:00-2:30 pm Eastern	Zoom Link	<ul> <li>Role of Data and Business Intelligence in Team-Based Care</li> </ul>

### Comprehensive and Team-Based Care Learning Collaborative Syllabus 2024-2025



<b>10:00-11:30am Pacific</b> <i>90 minutes</i>		Quality Improvement         • Specific Aim: Using assessment data and a change idea to move forward         • Solution Storming and change ideas
Between Session 4 and Session 5	Team meetings	Deliverables         • Complete Step 5 in the Quality Improvement Workbook         • Complete Step 6 in the Quality Improvement Workbook <u>Coach Call Dates:</u> • Wednesday February 19 <sup>th</sup> • Wednesday February 26 <sup>th</sup> • Wednesday March 5 <sup>th</sup>
Wednesday March 12 <sup>th</sup> , 2025 1:00-2:30 pm Eastern   10:00-11:30am Pacific 90 minutes	Learning Session 5 Zoom Link	Team-Based Care         • Integrated Behavioral Health         • Population Health in Team-Based Care         Quality Improvement         • PDSA Cycles
Between Session 5 and Session 6	Team meetings	<ul> <li><u>Deliverables</u></li> <li>Complete Step 7 in the Quality Improvement Workbook</li> <li><u>Coach Call Dates:</u></li> <li>Wednesday March 19<sup>th</sup></li> <li>Wednesday March 26<sup>th</sup></li> <li>Wednesday April 2<sup>nd</sup></li> </ul>
Wednesday April 9 <sup>th</sup> , 2025 1:00-2:30 pm Eastern   10:00-11:30am Pacific 90 minutes	Learning Session 6	Team-Based Care         • Role of Pharmacist in Primary Care <u>Making Your Team Work</u> • Monitoring Progress         Quality Improvement         • Standardization and Spread         • Introduction to Playbook
Between Session 6 and Session 7	Team meetings	Deliverables         • Complete Step 8 in the Quality Improvement Workbook         • Complete Step 9 in the Quality Improvement Workbook



		Coach Call Dates:         • Wednesday April 16 <sup>th</sup> • Wednesday April 23 <sup>rd</sup> • Wednesday April 30 <sup>th</sup> • Wednesday May 7 <sup>th</sup>
Wednesday May 14 <sup>th</sup> , 2025 1:00-2:30 pm Eastern   10:00-11:30am Pacific 90 minutes	Learning Session 7 Zoom Link	<ul> <li><u>Team-Based Care</u></li> <li>Specialty Care, eConsults, and closing the referral loop</li> <li>The Future of Team-Based Primary Care</li> <li><u>Quality Improvement</u></li> <li>Measuring and Monitoring</li> </ul>
Between Session 7 and	Team meetings	Sustaining the Coaching Model <u>Deliverables</u>
Session 8		<ul> <li>Deliverable: Prepare presentation/showcase for Session 8; Send to: angersm@mwhs1.com</li> <li><u>Coach Call Dates:</u></li> <li>Wednesday May 21<sup>st</sup></li> <li>Wednesday May 28<sup>th</sup></li> <li>Wednesday June 4<sup>th</sup></li> </ul>
Wednesday June 11 <sup>th</sup> , 2025 1:00-2:30 pm Eastern   10:00-11:30am Pacific <i>90 minutes</i>	Learning Session 8 Zoom Link	<ul> <li><u>Showcase</u></li> <li>Leaders from participating organizations will offer their perspectives on their teams' work in the Learning Collaborative</li> </ul>
After the Collaborative	Team meetings	<ul> <li><u>Coach Call Dates:</u> <ul> <li>Wednesday June 18<sup>th</sup></li> </ul> </li> <li><u>Deliverables - complete by Friday June 27<sup>th</sup></u> <ul> <li>Complete the post-collaborative survey</li> <li>As a team, review and complete post-collaborative self-assessment surveys</li> </ul> </li> </ul>
3-Month Check In Meeting		Date – To Be Determined