

Weight Management

in Community Health: Bridging Systems & Care Coordination



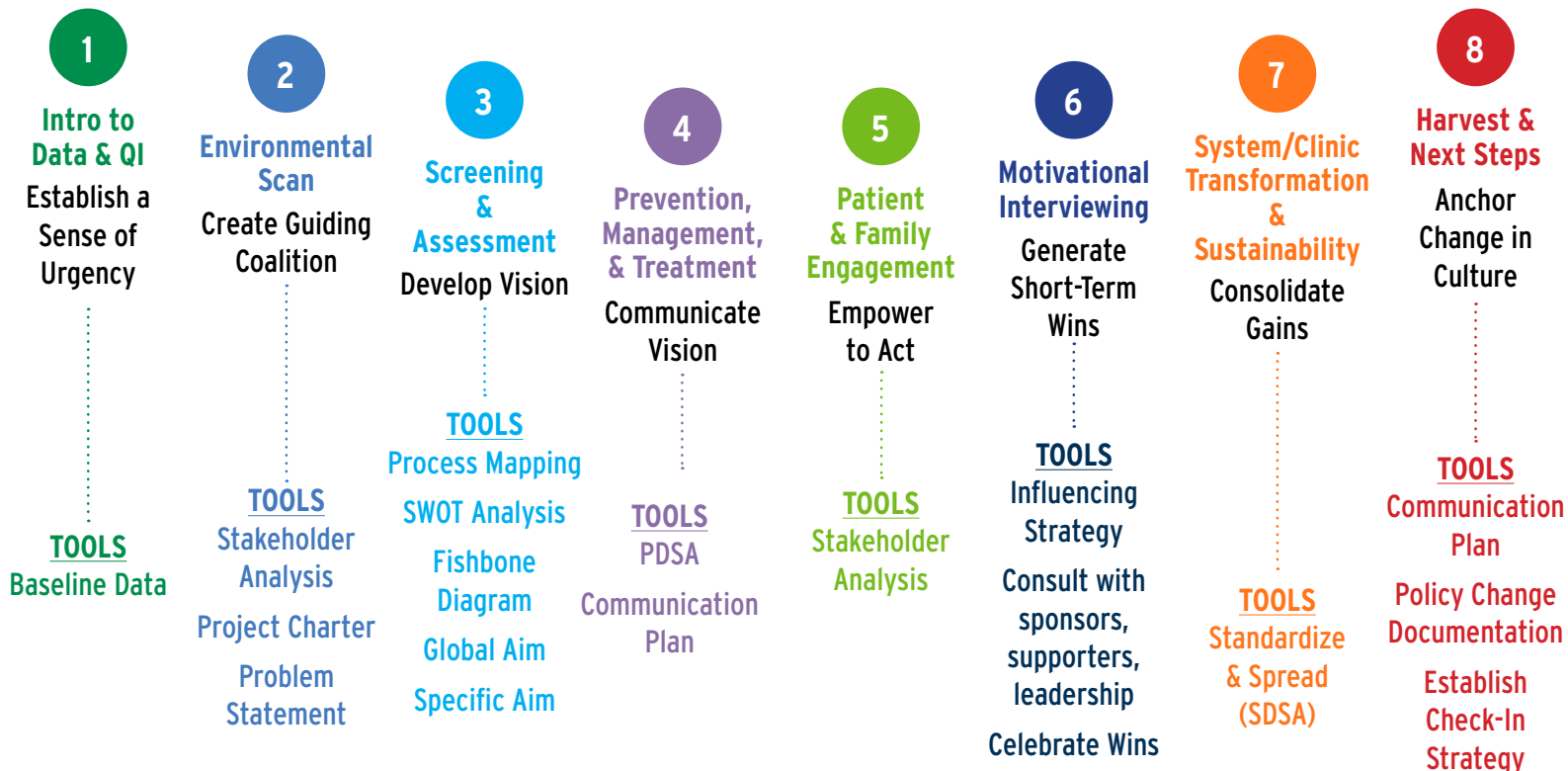
RAPID RECAP/KEY TAKEAWAYS

Learning Objectives

- Ascertain metrics of your healthcare center against key performance measures related to the obesity care
- Identify barriers to diagnosing and treating obesity for patients in your healthcare center
- Formulate an improvement plan for establishing diagnostic and treatment plans for patients with obesity in your healthcare center
- Develop an improvement plan for managing holistic care of patients with obesity in your healthcare center

QI Learnings Overview

Throughout this QI initiative, several different tools and processes have been introduced, including:



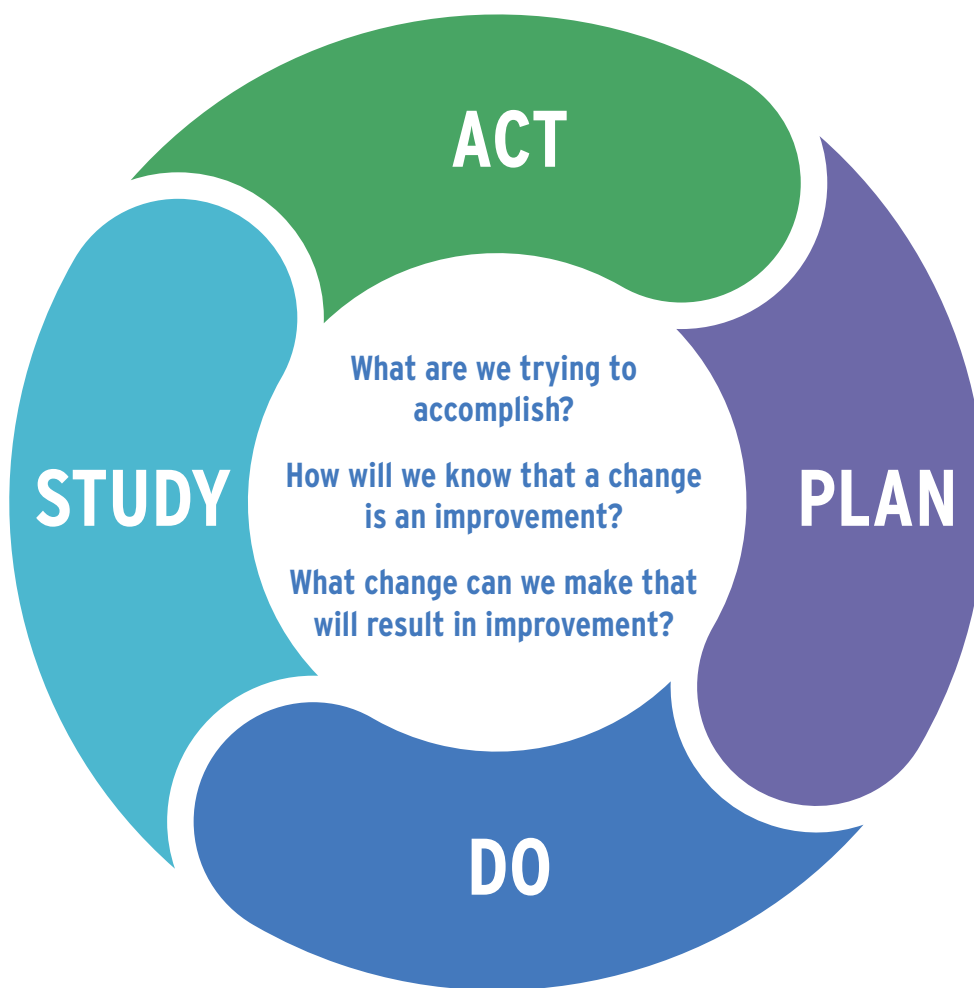
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RAPID RECAP/KEY TAKEAWAYS

Developing a QI Goal Using the PDSA Cycle^{1,2}



Define a Clear Goal:

Identify a specific, measurable, achievable, relevant, and time-bound (SMART) objective for improvement, ensuring it aligns with organizational priorities and stakeholder needs

Plan the PDSA Cycle:

Outline the Plan-Do-Study-Act process, detailing the proposed change, how it will be implemented, and metrics to evaluate success. Engage the team in setting realistic expectations for each phase

Based on Data:

Use the Study phase to analyze outcomes, identify successes or gaps, and refine the approach. Adjust the plan in subsequent cycles to drive continuous improvement

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RAPID RECAP/KEY TAKEAWAYS

QI Improvement Ramp and Tools^{1,2}



Key Takeaways

Starting your obesity QI initiatives entails:

- Evaluating your center's performance against obesity care standards
- Identifying challenges in diagnosing and treating obesity
- Creating effective strategies for diagnosis and treatment
- Addressing medical, emotional, and social needs in care plans

References and Resources:

1. Langley, G. J., Moen, R., Nolan, K. M., Nolan, T. W., Norman, C. L., & Provost, L. P. (2009). *The Improvement Guide: A Practical Approach to Enhancing Organizational Performance* (2nd ed.). San Francisco, CA: Jossey-Bass Publishers.
2. Institute for Healthcare Improvement. *How to Improve: Model for Improvement - Testing Changes*. Accessed November 20, 2024. <https://www.ihl.org/how-improve-model-improvement-testing-changes>