

Informed Decision Making in Men's Health Learning Collaborative

Learning Session 1 Summary (September 17, 2026)

Learning Session Recording: [link](#)

Learning Session Slide Deck: [link](#)

Objectives for the Learning Collaborative

- 1) Assess strengths and areas for improvement in education and decision support for men related to sexual health and prostate conditions.
- 2) Design site-specific interventions to improve education and decision support related to men's health areas of focus.
- 3) Use quality improvement tools and skills to implement selected interventions for improving education and decision support.
- 4) Evaluate patient-level and system-level barriers and develop strategies to improve education and decision support for men and their families.

Participants and Schedule

- Nine health centers from Baltimore, Detroit, New York City, and Los Angeles
- Total of eight monthly learning sessions from September 2026 – April 2027
- Four additional Quality Improvement Sessions



Key Take-Home Points

Men's Health Overview: Cancer Screening, Sexual Health, Urinary Issues

Stanley Frencher, MD MPH from UCLA Urology

PUTTING IT TOGETHER

The 5-minute men's health add-on

A few normalized questions can uncover high-value preventive and functional care.

- 1 SCREEN** "Have you ever discussed prostate cancer screening—and does your family history change your risk?"
- 2 SEX** "Any change in erections, libido, ejaculation, or sexual function?"
- 3 VOID** "Any weak stream, urgency, getting up at night, blood in urine, or trouble emptying?"
- 4 CONNECT** Use the answer to check cardiometabolic risk, medications, sleep, mood, and health behaviors.

Normalize → identify risk → start first-line care → refer for complexity, red flags, or failed treatment

MEN'S HEALTH • PRIMARY CARE Stanley Frencher, MD 1

TAKEAWAYS

Three things to do Monday morning

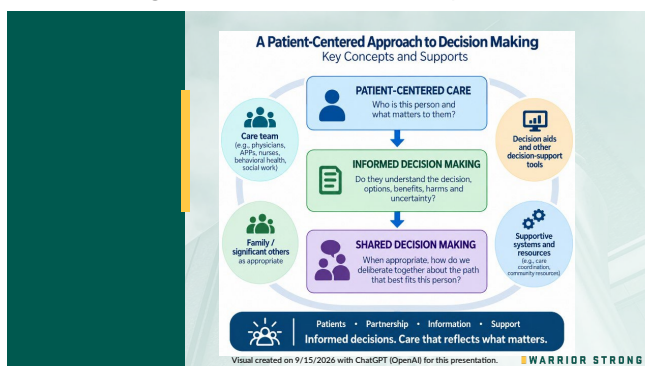
- 1 Make PSA screening risk-adapted** Earlier conversation for high-risk men; repeat a newly elevated PSA before escalating.
- 2 Treat ED as a health signal** Ask first. Address vascular risk + sexual function together.
- 3 Stop calling every LUTS complaint "BPH"** Identify storage vs voiding symptoms, systemic contributors, and red flags.

Questions / cases

MEN'S HEALTH • PRIMARY CARE Stanley Frencher, MD 1

Informed Decision Making and Patient-Centered Care in Men's Health

Aisha T. Langford, PhD, MPH from Wayne State School of Medicine



Key Take-Home Points

1. Patient-centered care starts with understanding the patient's needs, circumstances, values, and preferences.
2. Informed decision making and shared decision making are related but are not synonymous.
3. High-quality decisions can be supported by care team members, family and significant others when appropriate and desired, and well-designed decision-support tools.

WARRIOR STRONG

Next Learning Session: Exploring Men's Health: Medical Uncertainty & Health Disparities
Thursday October 15th, 2026 2:30-3:30pm ET / 11:30am-12:30pm PT